



APRIL 2020



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>Brookridge Retirement Community 1199 Hayes Forest Dr. Winston Salem, NC 27106 336-759-1044</p>		<p>Activity Key Locator AR-Activity Room DR-Dining Room FA-Feezor Auditorium CH-Club House GR-Game Room P-Pool SO-7 West Solarium O-Outing LR-Living Room</p>	<p>1</p> <p>9:00 Stretchercize-FA 9:30 Coffee & Conversation-AR 2:00 Mexican Dominoes-AR</p>	<p>2</p> <p>10:00 Current Events-AR 1:15 Tai Chi on Video-FA 2:30 Popcorn & A Movie-FA</p>	<p>3</p> <p>9:00 Stretchercize-FA 9:30 Coffee & Conversation-AR 3:00 Trivia-AR</p>	<p>4</p> <p>2-5 Skipbo-GR</p>
<p>5</p> <p>Week #1</p>	<p>6</p> <p>9:00 Stretchercize-FA 9:30 Coffee & Conversation-AR 10:00 Aquatic Therapy-P 2:30 Bingo-FA 6:00 Chicken Foot-GR</p>	<p>7</p> <p>10:00 Painting Class-AR 1-2 IL Clinic-6th Floor 1:15 Tai Chi on Video-FA 3:30 Corn Hole-AR</p>	<p>8</p> <p>9:00 Stretchercize-FA 9:30 Coffee & Conversation-AR 2:00 Bible Study-LR</p>	<p>9</p> <p>10:00 Walking Group-AR 1:15 Tai Chi on Video-FA 2:30 Popcorn & A Movie-FA</p>	<p>10 <u>Good Friday</u></p> <p>9:00 Stretchercize-FA 9:30 Coffee & Conversation-AR 1:00 Easter Bunny Ice Cream Truck 3:00 Egg Dying with Legacy-AR</p>	<p>11</p> <p>2-5 Skipbo-GR</p>
<p>12</p> <p>Week #2</p>	<p>13</p> <p>9:00 Stretchercize-FA 9:30 Coffee & Conversation-AR 2:30 Bingo-FA 6:00 Chicken Foot-GR</p>	<p>14</p> <p>10:00 You Be The Judge-AR 1-2 IL Clinic-6th Floor 1:15 Tai Chi on Video-FA 4:00 Resident Council-GR 6:30 Canasta-GR</p>	<p>15</p> <p>9:00 Stretchercize-FA 9:30 Coffee & Conversation-AR 2:00 Crafts w/ Hillary-AR</p>	<p>16</p> <p>9:30 Creative Coloring-AR 11:00 Sit & Fit-GR 1:15 Tai Chi on Video-FA 2:30 Board Games-AR</p>	<p>17</p> <p>9:00 Stretchercize-FA 9:30 Coffee & Conversation-AR 3:00 Spirits & Cheese Social-GR</p>	<p>18</p> <p>2-5 Skipbo-GR</p>
<p>19</p> <p>Week #3</p>	<p>20</p> <p>9:00 Stretchercize-FA 9:30 Coffee & Conversation-AR 10:00 Aquatic Therapy-P 2:30 Bingo-FA 6:00 Chicken Foot-GR</p>	<p>21</p> <p>10:00 Flower Potting-AR 1-2 IL Clinic-6th Floor 1:15 Tai Chi on Video-FA 3:30 Target Ball-AR</p>	<p>22</p> <p>9:00 Stretchercize-FA 9:30 Coffee & Conversation-AR 2:00 Bible Study-LR 3:30 Manicures-AR</p>	<p>23</p> <p>10:00 Walking Group-AR 1:15 Tai Chi on Video-FA 2:30 Popcorn & A Movie-FA</p>	<p>24</p> <p>9:00 Stretchercize-FA 9:30 Coffee & Conversation-AR 3:00 Book Club-LR</p>	<p>25</p> <p>2-5 Skipbo-GR</p>
<p>26</p> <p>Week #4</p>	<p>27</p> <p>9:00 Stretchercize-FA 9:30 Coffee & Conversation-AR 2:30 Bingo-FA 6:00 Chicken Foot-GR</p>	<p>28</p> <p>10:00 Family Feud Game-FA 1-2 IL Clinic-6th Floor 1:15 Tai Chi on Video-FA 3:30 Corn Hole-AR 6:30 Canasta-GR</p>	<p>29</p> <p>9:00 Stretchercize-FA 9:30 Coffee & Conversation-AR 2:00 Spring Auction-FA</p>	<p>30</p> <p>11:00 Balance Class-GR 1:15 Tai Chi on Video-FA 2:30 Popcorn & A Movie-FA</p>		