

# Healthcare Activities



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 Room visits Activity Packets Mail Delivery
2 Hydration Cart Room visits & Mail Delivery Menu Week 2	3 9:00am Morning Greetings 9:30am Resident Council Room to Room 1:00pm Conversation with Family IR 3:00pm Movie Time DR	4 9:00am Morning Greetings 9:45am Peach Trivia DR 10:30am Chapel 7WS 1:00pm Conversation with Family IR 3:00pm Bingo DR	5 9:00am Morning Greetings 9:45am Peach Facts DR 10:00am Arts and Crafts DR 1:00pm Conversation with Family IR 3:00pm Dominoes DR 6:00pm Night Time Snack Cart IR	6 9:00am Morning Greetings 9:45am Peach of a Word Game DR 10:00am Bingo DR 1:00pm Conversation with Family IR 3:00 Reminiscing Recipes 7WS	7 9:00am Morning Greetings 9:45am Peach Puns DR 10:00am Hymn Sing Along DR 1:00pm Conversation with Family IR 3:00pm Peach Smoothies 7WS	8 Room visits Activity Packets Mail Delivery
9 Snack Cart Room visits & Mail Delivery Menu Week 3	10 9:00am Morning Greetings 9:45am Music Motivation -Request your Favorite Song or Artist DR 10:00am Coffee and Chat DR 1:00pm Conversation with Family IR 3:00pm Manicures DR	11 9:00am Morning Greetings 9:45am Blooming Trivia DR 10:30am Chapel 7WS 1:00pm Conversation with Family IR 3:00pm Bingo DR	12 9:00am Morning Greetings 9:45am Zucchini Facts DR 10:00am Arts and Crafts DR 1:00pm Conversation with Family IR 3:00pm Movie Time DR	13 9:00am Morning Greetings 9:45am Trivia DR 10:00am Bingo DR 1:00pm Conversation with Family IR 3:00pm Puzzles DR	14 9:00am Morning Greetings 9:45am Word Pictures DR 10:00am Coffee and Chat DR 1:00pm Conversation with Family IR 3:00pm Cookie Cart IR	15 Room visits Activity Packets Mail Delivery
16 Hydration Cart Room visits & Mail Delivery Menu Week 4	17 9:00am Morning Greetings 9:45am Coffee and Chat DR 10:00am Manicures DR 1:00pm Conversation with Family IR 3:00pm Movie Time DR	18 9:00am Morning Greetings 9:45am Trivia DR 10:30am Chapel 7WS 1:00pm Conversation with Family IR 3:00pm Bingo DR	19 9:00am Morning Greetings 9:45am The Year was 1958 DR 10:00am Arts and Crafts DR 1:00pm Conversation with Family IR 3:00pm Choose A Game P 6:00pm Night Time Snack Cart IR	20 9:00am Morning Greetings 9:45am Moving with the Music DR 10:00am Bingo DR 1:00pm Conversation with Family IR 3:00pm Lemonade Cart DR/IR	21 <u>National Senior Citizens Day</u> Do want you want to today and everyday! We are so grateful to be able to spend this time with you how you choose	22 Room visits Activity Packets Mail Delivery
23 Snack Cart Room visits & Mail Delivery Menu Week 5	24 9:00am Morning Greetings 9:45am BEE Signs DR 10:00am Manicures DR 1:00pm Conversation with Family IR 3:00pm Choose your Game DR	25 9:00am Morning Greetings 9:45am Trivia DR 10:30am Chapel 7WS 1:00pm Conversation with Family IR 3:00pm Bingo DR	26 9:00am Morning Greetings 9:45am Hymn Sing Along DR 10:00am Arts and Crafts DR 1:00pm Conversation with Family IR 3:00pm Front Porch Rocking	27 9:00am Morning Greetings 9:45am Bee and Honey Trivia DR 10:00am Bingo DR 1:00pm Conversation with Family IR 3:00 Movie Time DR	28 9:00am Morning Greetings 9:45am Coffee and Chat DR 10:00am Play Ball DR 1:00pm Conversation with Family IR 2:00– 4:00pm Floating Luau 7WS	29 Room visits Activity Packets Mail Delivery
30 Hydration Cart Room visits & Mail Delivery Menu Week 1	31 9:00am Morning Greetings 9:45am Music DR 10:00am Creative Coloring DR 1:00pm Conversation with Family IR 3:00pm Manicures IR/DR				 <p>1199 Hayes Forest Dr Winston-Salem, NC 27106</p>	<b>Activity Key</b> IR– In-room H–Hallway DR– Dining room 7WS– 7 West Solarium P–Porch off of 6 West *All Activities are subject to Change*