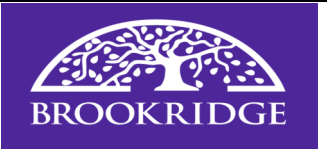
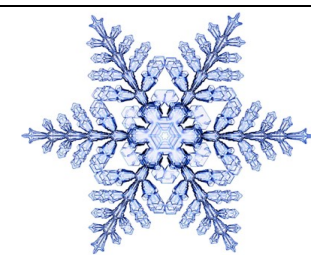


JANUARY 2021

ASSISTED LIVING ACTIVITIES

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 BROOKRIDGE A Baptist Retirement Homes Community 1199 Hayes Forest Dr Winston-Salem, NC 27106	Activity Key IR- In-room H-Hallway DR- Dining room 7WS- 7 West Solarium P-Porch off of 6 West *All Activities are subject to Change*				1 New Year's Day 9:00am Morning Greetings 9:30am "New" word Game IR 10:00am Resolution Laughs IR 1:00pm Conversation with Family IR 3:00pm Treat Cart IR	2 Room Visits Activity Packets Mail Delivery
3 Hydration Cart Room Visits & Mail Delivery Menu Week 2	4 9:00am Morning Greetings 9:30am Word Search IR 10:00am Independent Time IR 1:00pm Conversation with Family IR 3:00pm Manicures IR	5 9:00am Morning Greetings 9:30am Crossword IR 10:00am Coffee/Cocoa Cart IR 1:00pm Conversation with Family IR 3:00pm Variety Time IR	6 9:00am Morning Greetings 9:30am Trivia IR 10:00am Craft Cart IR 1:00pm Conversation with Family IR 3:00pm Devotional IR	7 9:00am Morning Greetings 9:30am Elvis Quiz IR 10:00am Hymn Songs H 1:00pm Conversation with Family IR 3:00pm Game Cart IR	8 9:00am Morning Greetings 9:30am Riddles IR 10:00am Elvis Music H 1:00pm Conversation with Family IR 3:00pm Treat Cart IR	9 Room Visits Activity Packets Mail Delivery
10 Hydration Cart Room Visits & Mail Delivery Menu Week 3	11 9:00am Room to Room- Resident Council 1:00pm Conversation with Family IR 3:00pm Snack Cart IR 3:30pm Moving with Music IR	12 9:00am Morning Greetings 9:30am Orchid Word Search IR 10:00am Small Puzzles DR 1:00pm Conversation with Family IR 3:00pm Jokes-Riddles IR	13 9:00am Morning Greetings 9:30am Flower Crossword IR 10:00am Craft Cart IR 1:00pm Conversation with Family IR 3:00pm Variety Time IR	14 9:00am Morning Greetings 9:30am Name that Flower IR 10:00am Independent Time IR 1:00pm Conversation with Family IR 3:00pm Word Pictures IR	15 9:00am Morning Greetings 9:30am Name That Flower 2 IR 10:00am Apple Cider/Cocoa Cart IR 1:00pm Conversation with Family IR 3:00pm Treat Cart IR	16 Room Visits Activity Packets Mail Delivery
17 Hydration Cart Room Visits & Mail Delivery Menu Week 4	18 Martin Luther King, Jr Day 9:00am Morning Greetings 9:30am MLK Crossword IR 10:00am Manicures IR 1:00pm Conversation with Family IR 3:00pm MLK Quotes	19 9:00am Morning Greetings 9:30am Word Pictures IR 10:00am Game Cart IR 1:00pm Conversation with Family IR 3:00pm Independent Time IR	20 9:00am Morning Greetings 9:30am Trivia IR 10:00am Craft Cart IR 1:00pm Conversation with Family IR 3:00pm Snack Cart IR	21 9:00am Morning Greetings 9:30am Question and Answer IR 10:00am Devotional Journal IR 1:00pm Conversation with Family IR 3:00pm Game Cart IR	22 9:00am Morning Greetings 9:30am Variety Time IR 10:00am Red Head Reminiscing IR 1:00pm Conversation with Family IR 3:00pm Treat Cart IR	23 Room Visits Activity Packets Mail Delivery
24 Hydration Cart Room Visits & Mail Delivery Menu Week 5	25 National Activity Professionals Week 9:00am Morning Greetings 9:30am Bulletin Board Trivia IR 10:00am Winter Jokes DR 1:00pm Conversation with Family IR 3:00pm Game Cart IR	26 9:00am Morning Greetings 9:30am Australia Word Search IR 10:00am Devotional DR 1:00pm Conversation with Family IR 3:00pm Independent Time IR	27 9:00am Morning Greetings 9:30am Letter J Quiz IR 10:00am Game Cart DR 1:00pm Conversation with Family IR 3:00pm Riddles IR	28 9:00am Morning Greetings 9:30am Trivia Golden Girls IR 10:00am This was the year 1963 DR 1:00pm Conversation with Family IR 3:00pm Party Like it's 1961-Trivia	29 9:00am Morning Greetings 9:30am Puzzle IR 10:00am January Birthday Quiz IR 1:00pm Conversation with Family IR 3:00pm Birthday Treat Cart IR	30 Room Visits Activity Packets Mail Delivery

31 Hydration Cart
 Room Visits &
 Mail Delivery
 Menu Week 1



**Special Thank you to Our
 Human Resources Team and
 Our Activity Team this
 Month we are Grateful to
 have each one of you and
 Celebrate you all!**

