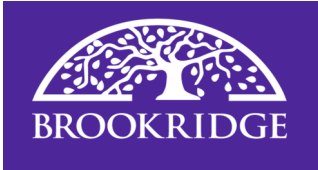




JANUARY 2021

HEALTHCARE ACTIVITIES

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
 <p>BROOKRIDGE A Baptist Retirement Homes Community 1199 Hayes Forest Dr Winston-Salem, NC 27106</p>	<p>Activity Key IR- In-room H-Hallway DR- Dining room 7WS- 7 West Solarium P-Porch off of 6 West *All Activities are subject to Change*</p>				<p>1 New Year's Day 9:00am Morning Greetings 9:45am "New" Word Game IR 10:00am Resolution Laughs IR 1:00pm Conversation with Family IR 3:00pm Treat Cart IR</p>	<p>2 Room Visits Activity Packets Mail Delivery</p>	
<p>3 Hydration Cart Room Visits & Mail Delivery Menu Week 2</p>	<p>4 9:00am Morning Greetings 9:45am Crossword IR 10:00am Independent Time 1:00pm Conversation with Family IR 3:00pm Manicures IR</p>	<p>5 9:00am Morning Greetings 9:45am Elvis Word Search IR 10:00am Variety Time 1:00pm Conversation with Family IR 3:00pm Mix and Match Lyrics IR</p>	<p>6 9:00am Morning Greetings 9:45am Solve the Riddle IR 10:00am What's that Song? IR 1:00pm Conversation with Family IR 3:30pm Elvis Music IR</p>	<p>7 9:00am Morning Greetings 9:45am Quiz IR 10:00am Hymn Songs DR 1:00pm Conversation with Family IR 3:00pm Creative Coloring IR</p>	<p>8 9:00am Morning Greetings 9:45am Trivia IR 10:00am Elvis Movie Time IR 1:00pm Conversation with Family IR 3:00pm Treat Cart IR</p>	<p>9 Room Visits Activity Packets Mail Delivery</p>	
<p>10 Hydration Cart Room Visits & Mail Delivery Menu Week 3</p>	<p>11 9:00AM Room to Room- Resident Council 1:00PM Conversation with Family IR 3:00PM Snack Cart IR 3:30PM Hymns in the Hall</p>	<p>12 9:00am Morning Greetings 9:45am Name The Flower IR 10:00am Flower Arrangements IR 1:00pm Conversation with Family IR 3:00pm Plants with Animal Names</p>	<p>13 9:00am Morning Greetings 9:45am Orchid Word Search IR 10:00am Flower Quiz IR 1:00pm Conversation with Family IR 3:00pm National Geographic Clip IR</p>	<p>14 9:00am Morning Greetings 9:45am Crossword IR 10:00am Independent Time 1:00pm Conversation with Family IR 3:00pm Tulips Word Find IR</p>	<p>15 9:00am Morning Greetings 9:45am Name The Flower 2 IR 10:00am Coffee/Cocoa Cart IR 1:00pm Conversation with Family IR 3:00pm Treat Cart IR</p>	<p>16 Room Visits Activity Packets Mail Delivery</p>	
<p>17 Hydration Cart Room Visits & Mail Delivery Menu Week 4</p>	<p>18 Martin Luther King, Jr Day 9:00am Morning Greetings 9:45am Quotes-MLK IR 10:00am Manicures DR 1:00pm Conversation with Family IR 3:00pm MLK Crossword IR</p>	<p>19 9:00am Morning Greetings 9:45am Flower Word Search IR 10:00am Devotional Discussion IR 1:00pm Conversation with Family IR 3:00pm Word Pictures IR</p>	<p>20 9:00am Morning Greetings 9:45am Trivia IR 10:00am Craft Cart IR 1:00pm Conversation with Family IR 3:00pm Variety Time IR</p>	<p>21 9:00am Morning Greetings 9:45am Question and Answer IR 10:00am Game Cart IR 1:00pm Conversation with Family IR 3:00pm Funny Clips IR</p>	<p>22 9:00am Morning Greetings 9:45am Polka Dot Reminiscing IR 10:00am Polka Dot Coloring IR 1:00pm Conversation with Family IR 3:00pm Treat Cart IR</p>	<p>23 Room Visits Activity Packets Mail Delivery</p>	
<p>24 Hydration Cart Room Visits & Mail Delivery Menu Week 5</p>	<p>25 National Activity Professionals Week 9:00am Morning Greetings 9:45am Letter J Quiz IR 10:00am Winter Jokes IR 1:00pm Conversation with Family IR 3:00pm Riddles IR</p>	<p>26 9:00am Morning Greetings 9:45am Picture Trivia IR 10:00am Game Cart IR 1:00pm Conversation with Family IR 3:00pm Australia Day Word Search</p>	<p>27 9:00am Morning Greetings 9:45am Bulletin Board Trivia IR 10:00am Wise Men Sensory Set IR 1:00pm Conversation with Family IR 3:00pm Music In the Halls IR</p>	<p>28 9:00am Morning Greetings 9:45am Bulletin Trivia -Golden Girls IR 10:00am This was the Year 1963 DR 1:00pm Conversation with Family IR 3:00pm Party Like it's 1961-Trivia</p>	<p>29 9:00am Morning Greetings 9:45am Puzzle IR 10:00am January Birthday Quiz IR 1:00pm Conversation with Family IR 3:00pm Birthday Treat Cart IR</p>	<p>30 Room Visits Activity Packets Mail Delivery</p>	
<p>31 Hydration Cart Room Visits & Mail Delivery Menu Week 1</p>		<p>Special Thank you to Our Human Resources Team and Our Activity Team this Month we are Grateful to have each one of you and Celebrate you all! </p>		