Healthcare Activities

February 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 9:00am Morning Greetings 9:45am Riddles IR 10:00am Black History Quiz IR 1:00pm Conversation with Family IR 3:00pm Famous Inventors IR	2 9:00am Morning Greetings 9:45am Words that Start with F IR 10:00am Activities Choice IR 1:00pm Conversation with Family IR 3:00pm Variety Time IR	3 9:00am Morning Greetings 9:45am Black History Word Find IR 10:00am Musical Melodies IR 1:00pm Conversation with Family IR 3:00pm Replenishment Cart IR	4 9:00am Morning Greetings 9:45am Reminiscing IR 10:00am Morning Devotional IR 1:00pm Conversation with Family IR 3:00pm Independent Time IR	5 9:00am Morning Greetings 9:45am Word Puzzles IR 10:00am Short Stories IR 1:00pm Conversation with Family IR 3:00pm Treat Cart IR	6 Room Visits Activity Packets Mail Delivery
7 Hydration Cart Room Visits & Mail Delivery Menu Week 2	8 9:00am Morning Greetings 9:30am Room to Room Resident Council 1:00pm Conversation with Family IR 3:00pm Trivia IR	9 9:00am Morning Greetings 9:45am Chinese Sayings IR 10:00am It Happened in February IR 1:00pm Conversation with Family IR 3:00pm Loving Partner Quiz IR	10 9:00am Morning Greetings 9:45am Red Quiz IR 10:00am Craft Cart IR 1:00pm Conversation with Family IR 3:00pm Milkshakes IR	11 9:00am Morning Greetings 9:45am Rhyming Riddles IR 10:00am Variety Time IR 1:00pm Conversation with Family IR 3:00pm Radio Quiz IR	12 9:00am Morning Greetings 9:45am Lincoln's Beard Facts IR 10:00am Things I love IR 1:00pm Conversation with Family IR 3:00pm Valentines Treat Cart IR	13 Room Visits Activity Packets Mail Delivery
14 Happy Valentine's Day Hydration Cart Room Visits & Mail Delivery Menu Week 3	15 Presidents' Day 9:00am Morning Greetings 9:45am Word Scramble IR 10:00am Presidential Facts IR 1:00pm Conversation with Family IR 3:00pm Red Quiz IR	16 9:00am Morning Greetings 9:45am Funny Pages IR 10:00am Moving with the Music H 1:00pm Conversation with Family IR 3:00pm King Cake IR	17 Lent Begins 9:00am Morning Greetings 9:45am Poems IR 10:00am Independent Time IR 1:00pm Conversation with Family IR 3:00pm Replenishment Cart IR	18 9:00am Morning Greetings 9:45am Guess the Animal IR 10:00am Coloring Tablets IR 1:00pm Conversation with Family IR 3:00pm Activities Choice IR	19 9:00am Morning Greetings 9:45am Good News IR 10:00am Picture Travel IR 1:00pm Conversation with Family IR 3:00pm Treat Cart IR	20 Room Visits Activity Packets Mail Delivery
21 Hydration Cart Room Visits & Mail Delivery Menu Week 4	22 9:00am Morning Greetings 9:45am Chocolate Word Search IR 10:00am Coffee Cart and Chat IR 1:00pm Conversation with Family IR 3:00pm Activities Choice IR	23 9:00am Morning Greetings 9:45am Cartoon Couples IR 10:00am Morning Devotional IR 1:00pm Conversation with Family IR 3:00pm Independent Time IR	24 9:00am Morning Greetings 9:45am Riddles IR 10:00am Game Cart IR 1:00pm Conversation with Family IR 3:00pm Milkshakes IR	25 9:00am Morning Greetings 9:45am Clichés IR 10:00am Word Origins Mix-Match IR 1:00pm Conversation with Family IR 3:00pm Variety Time IR	26 9:00am Morning Greetings 9:45am Black History Facts IR 10:00am Activities Choice IR 1:00pm Conversation with Family IR 3:00pm Birthday Treat Cart IR	27 Room Visits Activity Packets Mail Delivery
28 Hydration Cart Room Visits & Mail Delivery Menu Week 5				**Activity Key** IR– In-room H-Hallway DR– Dining room 7WS– 7 West Solarium P-Porch off of 6 West *All Activities are subject to Change*	BROOKRIDGE A Baptist Retirement Homes Community 1199 Hayes Forest Dr Winston-Salem, NC 27106	