



JULY 2021

Healthcare Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Activity Key IR– In-room H-Hallway DR– Dining room 7WS– 7 West Solarium P-Porch off of 6 West *All Activities are subject to Change*	 1199 Hayes Forrest Drive Winston-Salem, NC 27106	Special Thanks to Our Laundry Department this Month for all the Dedication and Love they Share with us Everyday!		1 9:00am Morning Greeting 10:00am Bingo 7WS 1:00pm Conversation with Family 3:00pm Big Ball 7WS	2 9:00am Morning Greeting 10:00am Men's Small Group 7WS 1:00pm Conversation with Family 3:00pm Snack Cart	3 Activity Packets Mail Delivery Room Visits
4 Happy Independence Day 	5 9:00am Morning Greeting 10:00am Mini Manicures 7WS 1:00pm Conversation with Family 3:00pm Comedy Hour 7WS	6 9:00am Morning Greeting 10:00am Worship Music 10:30am Chapel 7WS 1:00pm Conversation with Family 3:00pm Bingo 7WS	7 9:00am Morning Greeting 10:00am Resident Council 7WS 1:00pm Conversation with Family 3:00pm Group Trivia 7WS	8 9:00am Morning Greeting 10:00am Bingo 7WS 1:00pm Conversation with Family 3:00pm Beach Volley Ball 7WS	9 9:00am Morning Greeting 10:00am Ladies Small Group 7WS 1:00pm Conversation with Family 3:00pm Treat Cart	10 Checkers Table DR
11 Hydration Cart Mail Delivery 2pm Bingo DR	12 9:00am Morning Greeting 10:00am Coffee/ Fruit Bar 7WS 1:00pm Conversation with Family 3:00pm Hand massages featuring Aromatherapy Scents 7WS	13 9:00am Morning Greeting 10:00am Worship Music 10:30am Chapel 7WS 1:00pm Conversation with Family 3:00pm Bingo 7WS	14 9:00am Morning Greeting 10:00am Front Porch Reminiscing 1:00pm Conversation with Family 2:30pm Tomato Sandwiches 7WS	15 9:00am Morning Greeting 10:00am Bingo 7WS 1:00pm Conversation with Family 3:00pm Corn Hole 7WS	16 9:00am Morning Greeting 10:00am Men's Small Group 7WS 1:00pm Conversation with Family 3:00pm Snack Cart	17 Activity Packets Mail Delivery Card Table DR
18 Hydration Cart Mail Delivery Room Visits	19 9:00am Morning Greeting 10:00am Mini Manicures 7WS 1:00pm Conversation with Family 3:00pm Ice Cream /Popsicles P	20 9:00am Morning Greeting 10:00am Worship Music 10:30am Chapel 7WS 1:00pm Conversation with Family 3:00pm Bingo 7WS	21 9:00am Morning Greeting 10:00am Karaoke 7WS 1:00pm Conversation with Family 3:00pm Variety Time DR	22 9:00am Morning Greeting 10:00am Bingo 7WS 1:00pm Conversation with Family 3:00pm Frisbee Toss 7WS	23 9:00am Morning Greeting 10:00am Ladies Small Group 7WS 1:00pm Conversation with Family 3:00pm Treat Cart	24 2pm Bingo DR Mail Delivery
25 Hydration Cart Mail Delivery Room Visits	26 9:00am Morning Greeting 10:00am Coffee & Chat DR 1:00pm Conversation with Family 3:00pm Mini Manicures 7WS	27 9:00am Morning Greeting 10:00am Worship Music 10:30am Chapel 7WS 1:00pm Conversation with Family 3:00pm Bingo 7WS	28 9:00am Morning Greeting 10:00am Puzzles DR 1:00pm Conversation with Family 3:00pm Lemonade on the Porch	29 9:00am Morning Greeting 10:00am Bingo 7WS 1:00pm Conversation with Family 3:00pm Shuffle Board 7WS	30 9:00am Morning Greeting 10:00am Men's Small Group 7WS 1:00pm Conversation with Family 2:30pm Birthday Party Social 7WS Variety of Cheesecakes	31 Activity Packets Mail Delivery Room Visits