



# SEPTEMBER 2021

# Brookridge Healthcare Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>BAPTIST RETIREMENT HOMES Brookridge Retirement Community 1199 Hayes Forest Dr. Winston-Salem, NC 27106</p>			<b>1</b> 9:00am Morning Greeting 10:00am Jewelry Making DR 1:00pm Checker Table DR 2:30pm Big Ball 7WS 3:00pm Hydration/Snack 7WS	<b>2</b> 9:00am Morning Greeting 10:00am Bingo 7WS 2:00pm Conversation with Family 3:00pm Price Is Right 7WS	<b>3</b> 9:00am Morning Greeting 10:00am Ladies Small Group 7WS 1:00pm Conversation with Family 3:00pm Treat Cart IR	<b>4</b> <b>Checkers Table</b> <b>Music in the Dining Room</b>
<b>5</b> <b>Hydration Cart</b> <b>Mail Delivery</b> <b>Room Visits</b> <b>Menu Week 3</b>	<b>6</b> 9:00am Morning Greeting 10:00am Mini Manicures 7WS 1:00pm Conversation with Family 3:00pm Hand Massages 4:00pm Arm Chair Travel DR	<b>7</b> 9:00am Morning Greeting 10:00am Worship Music 10:30am Chapel 7WS 1:00pm Conversation with Family 3:00pm Bingo 7WS	<b>8</b> 9:00am Morning Greeting 10:00am Resident Council 7WS 1:00pm Jig Saw Puzzle DR 2:30pm Moving with the Music DR 3:30pm National Geo Video Clip DR	<b>9</b> 9:00am Morning Greeting 10:00am Bingo 7WS 2:00pm Conversation with Family 3:00pm Exercise Small Group	<b>10</b> 9:00am Morning Greeting 10:00am Men's Small Group 7WS 1:00pm Conversation with Family 3:00pm Milkshake Social 7WS	<b>11</b> <b>2pm Bingo 6th Floor DR</b> <b>Mail Delivery</b>
<b>12</b> <b>Hydration Cart</b> <b>Mail Delivery</b> <b>Room Visits</b> <b>Menu Week 4</b>	<b>13</b> 9:00am Morning Greeting 10:00am Mini Manicures IR 1:00pm Conversation with Family 2:30pm Movie Matinée DR 4:30pm Music in the Dining Room	<b>14</b> 9:00am Morning Greeting 10:00am Worship Music 10:30am Chapel 7WS 1:00pm Conversation with Family 3:00pm Bingo 7WS	<b>15</b> 9:00am Morning Greeting 10:00am Book Club 7WS 1:00pm Trivia DR 2:30pm Porch Rocking Social Hour 3:00pm Can you tell the difference P	<b>16</b> 9:00am Morning Greeting 10:00am Bingo 7WS 2:00pm Conversation with Family 3:00pm Pour and Paint 7WS	<b>17</b> 9:00am Morning Greeting 10:00am Ladies Small Group 7WS 1:00pm Conversation with Family 3:00pm Treat Cart IR	<b>18</b> <b>2pm Bingo 6th Floor DR</b> <b>Mail Delivery</b>
<b>19</b> <b>Hydration Cart</b> <b>Mail Delivery</b> <b>Room Visits</b> <b>Menu Week 5</b>	<b>20</b> 9:00am Morning Greeting 10:00am Mini Manicures 7WS 1:00pm Conversation with Family 3:00pm Aromatherapy 4:00pm AFV Clips DR	<b>21</b> 9:00am Morning Greeting 10:00am Worship Music 10:30am Chapel 7WS 1:00pm Conversation with Family 3:00pm Bingo 7WS	<b>22</b> 9:00am Morning Greeting 10:00am Exercise Small Group 7WS 1:00pm Checkers Table DR 2:30pm Game Competition 7WS 3:00pm Hydration/Snack 7WS	<b>23</b> 9:00am Morning Greeting 10:00am Bingo DR 2:00pm Conversation with Family 3:00pm Family Feud 7WS	<b>24</b> 9:00am Morning Greeting 10:00am Men's Small Group 7WS 1:00pm Conversation with Family 3:00pm Birthday Party 7WS	<b>25</b> <b>Activity Packets</b> <b>Mail Delivery</b> <b>Room Visits</b>
<b>26</b> <b>Card Table</b> <b>Music in the Dining Room</b> <b>Menu Week 1</b>	<b>27</b> 9:00am Morning Greeting 10:00am Mini Manicures IR 1:00pm Conversation with Family 3:00pm Hand Massages 4:00pm Arm Chair Travel DR	<b>28</b> 9:00am Morning Greeting 10:00am Worship Music 10:30am Chapel 7WS 1:00pm Conversation with Family 3:00pm Bingo 7WS	<b>29</b> 9:00am Morning Greeting 10:00am Name that Tune 7WS 1:00pm Variety Time DR 3:00pm Big Ball 7WS	<b>30</b> 9:00am Morning Greeting 10:00am Bingo 7WS 2:00pm Conversation with Family 3:00pm Pour and Paint 7WS	<b>Activity Key</b> IR– In-room H–Hallway DR– Dining room 7WS– 7 West Solarium P–Porch off of 6 West *All Activities are subject to Change*	<b>Special Thanks to Our Environmental Services and Our Housekeeping Team this Month we Celebrate your hard work and dedication to the Community Thank You All!</b>