



# Brookridge Healthcare Activities

# October 2021

| Sunday  | Monday  | Tuesday   | Wednesday  | Thursday   | Friday   | Saturday  |
|---|---|---|--|--|--|---|
|               |   |   |  |  | 1<br>9:00am Morning Greeting<br>10:00am Decorating/ Calendars<br>1:00pm Conversation with Family<br>3:00pm Treat Cart IR               | 2<br><b>Checkers Table</b><br><b>Music in the Dining Room</b>               |
| 3<br><b>Variety Cart</b><br><b>Music in the Dining Room</b><br><br><b>Menu Week 2</b>           | 4<br>9:00am Morning Greeting<br>10:00am Mini Manicures DR<br>3:00pm Hand Massages<br>4:00pm Arm Chair Travel DR   | 5<br>9:00am Morning Greeting<br>10:00am Worship Music<br>10:30am Chapel 7WS<br>3:00pm Bingo 7WS                                     | 6<br>9:00am Morning Greeting<br>10:00am Jewelry Making 7WS<br>1:00pm Variety Time DR<br>3:00pm Canine Quiz DR            | 7<br>9:00am Morning Greeting<br>10:00am Bingo 7WS<br>2:00pm Conversation with Family<br>3:00pm Residents Rights Social   | 8<br>9:00am Morning Greeting<br>10:00am Men's Small Group 7WS<br>1:00pm Conversation with Family<br>3:00pm Treat Cart IR               | 9<br><b>2pm Bingo 6th Floor DR</b><br><b>Mail Delivery</b>                  |
| 10<br><b>Hydration Cart</b><br><b>Mail Delivery</b><br><b>Room Visits</b><br><b>Menu Week 3</b> | 11<br>9:00am Morning Greeting<br>10:00am Mini Manicures IR<br>1:00pm Conversation with Family<br>3:00pm In Room Manicures                                     | 12<br>9:00am Morning Greeting<br>10:00am Worship Music<br>10:30am Chapel 7WS<br>1:00pm Conversation with Family<br>3:00pm Bingo 7WS | 13<br>9:00am Morning Greeting<br>10:00am Resident Council 7WS<br>1:00pm Jig Saw Puzzle DR<br>3:00pm Front Porch Social   | 14<br>9:00am Morning Greeting<br>10:00am Bingo 7WS<br>2:00pm Conversation with Family<br>3:00pm Word Search puzzles  | 15<br>9:00am Morning Greeting<br>10:00am Ladies Small Group 7WS<br>1:00pm Conversation with Family<br>3:00pm Treat Cart IR             | 16<br><b>2pm Bingo 6th Floor DR</b><br><b>Mail Delivery</b>                 |
| 17<br><b>Hydration Cart</b><br><b>Mail Delivery</b><br><b>Room Visits</b><br><b>Menu Week 4</b> | 18<br>9:00am Morning Greeting<br>10:00am Mini Manicures IR<br>1:00pm Conversation with Family<br>3:00pm Hand Massages   | 19<br>9:00am Morning Greeting<br>10:00am Worship Music<br>10:30am Chapel 7WS<br>1:00pm Conversation with Family<br>3:00pm Bingo 7WS | 20<br>9:00am Morning Greeting<br>10:00am Arts & Crafts- Fall 7WS<br>1:00pm Checkers Table DR<br>3:00pm Solve the Riddles | 21<br>9:00am Morning Greeting<br>10:00am Bingo 7WS<br>2:00pm Conversation with Family<br>3:00pm Group Crossword Puzzle   | 22<br>9:00am Morning Greeting<br>10:00am This Day in History<br>12:30pm-2pm BRH Celebration O<br>3:00pm Movie -Halloween Town          | 23<br><b>Activity Packets</b><br><b>Mail Delivery</b><br><b>Room Visits</b> |
| 24<br><b>Hydration Cart</b><br><b>Mail Delivery</b><br><b>Room Visits</b><br><b>Menu Week 5</b> | 25<br>9:00am Morning Greeting<br>10:00am Mini Manicures IR<br>1:00pm Conversation with Family<br>3pm Movie- Alice in Wonderland                               | 26<br>9:00am Morning Greeting<br>10:00am Worship Music<br>10:30am Chapel 7WS<br>1:00pm Conversation with Family<br>3:00pm Bingo 7WS | 27<br>9:00am Morning Greeting<br>10:00am Crafting Flowers 7WS<br>1:00pm Variety Time DR<br>3:00pm Story Quotes 7WS       | 28<br>9:00am Morning Greeting<br>10:00am Halloween Bingo 7WS<br>11:00am Pastor Appreciation 7WS<br>2:00pm Conversation with Family<br>3:00pm Croquet Play 7WS  | 29<br>9:00am Morning Greeting<br>10:00am Ladies Small Group 7WS<br>2:30pm Mad Hatter Tea Party 7WS<br>3:00pm Wonderland Birthday Party | 30<br><b>Checkers Table</b><br><b>Music in the Dining Room</b>              |
| 31<br><b>Hydration Cart</b><br><b>Movie- Coco</b><br><b>Menu Week 1</b>                         | <b>Activity Key</b><br>IR- In-room<br>H-Hallway<br>DR- Dining room<br>7WS- 7 West Solarium<br>P-Porch off of 6 West<br>*All Activities are subject to Change* |   |  | Special Thanks for Our Therapy Team whose Dedication and Consistency allows our Community to meet goals. Thanks to You All!<br>Special Thanks to Our Chaplin Jim as he is celebrated this month too! |   |   |