



November 2021

Brookridge Healthcare Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	1 9:00am Morning Greeting 10:00am Mini Manicures DR 1:00pm Conversation with Family 3:00pm In Room Manicures	2 9:00am Morning Greeting 10:00am Worship Music 10:30am Chapel 7WS 3:00pm Bingo 7WS	3 9:00am Morning Greeting 10:00am Big Ball 7WS 1:00pm Checkers Table DR 3:00pm Arts & Crafts 7WS	4 9:00am Morning Greeting 10:15am Bingo 7WS 2:00pm Conversation with Family 3:00pm Exercise Group 7WS	5 9:00am Morning Greeting 10:00am Men's Small Group 7WS 1:00pm Conversation with Family 3:00pm Treat Cart IR	6 2pm Bingo 6th Floor DR Mail Delivery	
7 Daylight Savings Time Ends Hydration Cart Mail Delivery Room Visits Menu Week 1	8 9:00am Morning Greeting 10:00am Manicures 7WS 1:00pm Conversation with Family 3:00pm Hand Messages IR	9 9:00am Morning Greeting 10:00am Worship Music 10:30am Chapel 7WS 3:00pm Bingo 7WS	10 9:00am Morning Greeting 10:00am Resident Council 7WS 1:00pm Variety Time DR 3:00pm Jewelry Making 7WS	11 Veterans Day 9:00am Morning Greeting 10:30am Veterans Social 7WS 2:00pm Conversation with Family 3:00pm Bingo 7WS	12 9:00am Morning Greeting 10am Ladies Small Group 7WS 1:00pm Conversation with Family 3:00pm Caramel Apple Bar 7WS	13 2pm Bingo 6th Floor DR Mail Delivery	
14 Hydration Cart Mail Delivery Room Visits Menu Week 2	15 9:00am Morning Greeting 10:00am Mini Manicures DR 1:00pm Conversation with Family 3:00pm In Room Manicures	16 9:00am Morning Greeting 10:00am Worship Music 10:30am Chapel 7WS 3:00pm Bingo 7WS	17 9:00am Morning Greeting 10:00am Exercise Group 7WS 1:00pm Puzzles DR 3:00pm Bible Study 7WS	18 9:00am Morning Greeting 10:15am Bingo 7WS 2:00pm Conversation with Family 3:00pm Pumpkin Toss 7WS	19 9:00am Morning Greeting 10:00am Men's Small Group 7WS 1:00pm Conversation with Family 3:00pm Treat Cart IR	20 Activity Packets Mail Delivery Room Visits	
21 Variety Cart Music in the Dining Room Menu Week 3	22 9:00am Morning Greeting 10:00am Manicures 7WS 1:00pm Conversation with Family 3:00pm Hand Messages IR	23 9:00am Morning Greeting 10:00am Worship Music 10:30am Chapel 7WS 3:00pm Bingo 7WS	24 9:00am Morning Greeting 10:00am Jewelry Making 7WS 1:00pm Variety Time DR 3:00pm Arts & Crafts 7WS	25 Thanksgiving 9:00am Morning Greeting 10:15am Bingo 7WS 1:00pm Puzzle Table 3:00pm Thanksgiving Quiz DR	26 9:00am Morning Greeting 10am Ladies Small Group 7WS 1:00pm Conversation with Family 3:00pm Birthday Party 7WS	27 Game Table Music in the Dining Room	
28 Hanukkah Begins Hydration Cart Mail Delivery Room Visits Menu Week 4	29 9:00am Morning Greeting 10:00am Mini Manicures DR 1:00pm Conversation with Family 3:00pm In Room Manicures	30 9:00am Morning Greeting 10:00am Worship Music 10:30am Chapel 7WS 3:00pm Bingo 7WS	Activity Key IR– In-room H–Hallway DR– Dining room 7WS– 7 West Solarium P–Porch off of 6 West *All Activities are subject to Change*			 1199 Hayes Forrest Drive Winston-Salem, NC 27106	
						