



NOVEMBER 2021



Sun

Mon

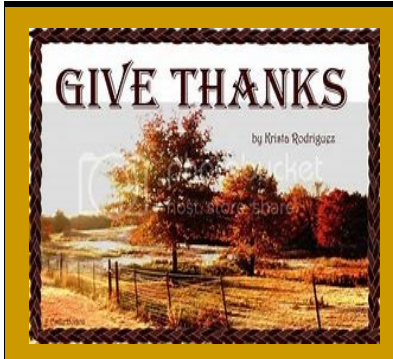
Tue

Wed

Thu


Fri

Sat



1 Veterans Drive Begins

9:00 Stretcherize-FA
 9:30 Coffee Club-AR
 10:00 Aqua Fit w/ MB-P
 1:30 Endurance Class w/ MB-FA
 3:00 Bingo-FA
 6:00 Game of Chicken Foot-GR

2 

9:30 Yoga with Joy-FA
 10:30 Make your own Tea Bags-AR
 1:30 Tai Chi-FA
 2:45 Historic WS Trolley Ride-O
 6:30 Word Searches & Crosswords-GR

3

9:00 Stretcherize-FA
 9:30 Coffee Club-AR
 10:00 Aqua Fit w/ MB-P
 10:30 Painting Class-AR
 1:30 Sit & Be Fit w/ MB-FA
 2:00 Speaker from the Sticht Center on Aging-FA

4

8:00 Men's Breakfast at Breakfastime-O
 10:00 Open Swim w/ Friends-P
 12-3 IL Physicians Clinic
 1:30 Tai Chi-FA
 3:30 Zumba w/ Paula-FA
 6:30 Pet Visits w/ Elite Canine-FA

5

9:00 Stretcherize-FA
 9:30 Coffee Club-AR
 10:00 Aqua Fit w/ MB-P
 11:30 Lunch at Sixty Six Grill & Stop by to see the Corporate Office's-O
 3:30 Table Talk-LR

6 

2-5 Skipbo-GR

7 Daylight Savings Time Ends

10:00 College Park Church Pickup-O
 11:00 First on Fifth Live Stream-FA
 5:00 Vespers-FA 

Week#5

8

9:00 Stretcherize-FA
 9:30 Coffee Club-AR
 10:00 Aqua Fit w/ MB-P
 1:30 Endurance Class w/ MB-FA
 3:00 Bingo-FA
 6:00 Game of Chicken Foot-GR

9

10:00 Tai Chi-FA
 11:30-1 Friendsgiving Luncheon-DR
 1:15 Pianist Jacob Kluttz-FA
 3:45 Shopping at Lidl-O
 4:00 Resident Council-GR
 6:30 Canasta-GR

10 

9:00 Stretcherize-FA
 9:30 Coffee Club-AR
 10:00 Aqua Fit w/ MB-P
 1:30 Sit & Be Fit w/ MB-FA
 2:00 Bible Study-FA
 3:30 Crafty Crafters-AR

11 Veterans Day

8:30 Veterans Breakfast-DR
 10:00 Open Swim w/ Friends-P
 10:15 Salem Band's Memorial Concert-O
 12-3 IL Physicians Clinic
 1:30 Tai Chi-FA
 4:00 Zumba w/ Paula-FA
 4:45 Birthday Dinner-DR

12 Veterans drive ends

9:00 Stretcherize-FA
 9:30 Coffee Club-AR
 10:00 Aqua Fit w/ MB-P
 11:30 Day Trip to Seagrove, NC-O

13

2-5 Skipbo-GR

14 10:00 College Park Church Pickup-O
 11:00 First on Fifth Live Stream-FA
 1:15 Dreamgirls Show-O
 5:00 Vespers-FA

Week#1

15

9:00 Stretcherize-FA
 9:30 Coffee Club-AR
 10:00 Aqua Fit w/ MB-P
 1:30 Endurance Class w/ MB-FA
 3:00 Bingo-FA
 6:00 Game of Chicken Foot-GR

16 National Fast Food Day

10:00 Wii Games-FA
 11:00 Lunch at Culver's-O
 1:30 Tai Chi-FA
 4:00 Town Meeting-FA
 6:30 Movie Night: Hidden Figures-FA

17

9:00 Stretcherize-FA
 9:30 Coffee Club-AR
 10:00 Aqua Fit w/ MB-P
 10:30 Painting Class-AR
 1:30 Sit & Be Fit w/ MB-FA
 2:00 Merry Merry Market-O


18

10:00 Aqua Fit w/ MB-P
 11:40 Maple Springs Senior Lunch-O
 12-3 IL Physicians Clinic
 1-5 Beltone Hearing Clinic-AR
 2:00 Tai Chi-FA
 3:30 Zumba w/ Paula-FA

19

9:00 Stretcherize-FA
 9:30 Coffee Club-AR
 10:00 Aqua Fit w/ MB-P
 1:45 Trivia-AR
 3:30 Wine & Cheese Social-FA

20

1:15 Zumba w/ Paula-FA
 2-5 Skipbo-GR 

21

10:00 College Park Church Pickup-O
 11:00 First on Fifth Live Stream-FA
 5:00 Vespers-FA

Week#2

22

9:00 Stretcherize-FA
 9:30 Coffee Club-AR
 10:00 Aqua Fit w/ MB-P
 1:30 Endurance Class w/ MB-FA
 3:00 Bingo-FA
 6:00 Game of Chicken Foot-GR

23 

10:00 Wake Forest Webinar (PR)-FA
 10:45 Shopping at Walmart-O
 1:30 Tai Chi-FA
 2:15 Rummikub-AR
 3:30 Cardio Drumming-FA
 6:30 Canasta-GR

24

9:00 Stretcherize-FA
 9:30 Coffee Club-AR
 10:00 Aqua Fit w/ MB-P
 1:30 Sit & Be Fit w/ MB-FA
 2:00 Bible Study-FA
 3:30 Corn Hole-AR



26

8-5pm Decorating for Christmas!
 9:00 Stretcherize-FA
 9:30 Coffee Club-AR
 10:00 Open Swim w/ Friends-P

27

2-5 Skipbo-GR

28 

10:00 College Park Church Pickup-O
 11:00 First on Fifth Live Stream-FA
 5:00 Vespers-FA

Week#3

29 9:00 Stretcherize-FA
 9:30 Coffee Club-AR
 10:00 Aqua Fit w/ MB-P
 12:00 Alzheimer's Association: Lunch & Learn Webinar-FA
 1:30 Endurance Class w/ MB-FA
 3:00 Bingo-FA
 6:00 Game of Chicken Foot-GR

30 

10:30 Jeopardy-FA
 1:30 Tai Chi-FA
 3:00 Armchair Travel (Egypt)-FA
 6:30 Let Christmas Begin! A start to the Season Reception-FA (Christmas Music by The Whittings)



Activity Key Locator
 AR-Activity Room
 DR-Dining Room
 FA-Feezor Auditorium
 CH-Club House
 GR-Game Room
 P-Pool
 SO-7 West Solarium
 O-Outing
 LR-Living Room

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