

Brookridge Healthcare Activities

August 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 336-759-1044 A Baptist Retirement Homes Community 1199 Hayes Forest Dr. Winston-Salem, NC 27106	1 9:00am Morning Greetings 10:00am Manicures DR 1pm Conversation with Family 3:00pm Mini Manicures IR	2 9:00am Morning Greetings 10:15am Worship Music 10:30am Chapel 7WS 3:00pm Bingo 7WS	3 9:00am Morning Greetings 10am Front Porch Hydration 1:00pm Room Visits 3:00pm Arts & Craft 7WS	4 9:00am Morning Greetings 10:15am Bingo 7WS 1:30pm Activities Choice 3:00pm Putting Green 7WS	5 9:00am Morning Greetings 10:00am Men's Group 7WS 1:00pm Armstrong Facts DR 2:30pm Treat Cart H	6 Bingo 10am DR Room Visits Mail Delivery
7 Hydration Cart Room Visits & Package Delivery Menu Week 4	8 9:00am Morning Greetings 10:00am Manicures DR 1pm Conversation with Family 3:00pm Hand Massages IR	9 9:00am Morning Greetings 10:15am Worship Music 10:30am Chapel 7WS 3:00pm Bingo 7WS	10 9:00am Morning Greetings 10am Resident Council 7WS 1:00pm Room Visits 3pm Mini Sand Castles 7WS	11 9:00am Morning Greetings 10:15am Bingo 7WS 1:30pm Activities Choice 3:00pm Corn Hole 7WS	12 9:00am Morning Greetings 10:00am Ladies Group 7WS 1:00pm August in History 3:00pm Arm Chair Travel 7WS	13 Music In the Dining Room Staff/Family Visits Mail Delivery
14 Hydration Cart Room Visits & Package Delivery Menu Week 5	15 9:00am Morning Greetings 10:00am Manicures DR 1pm Conversation with Family 3:00pm Mini Manicures IR	16 9:00am Morning Greetings 10:15am Worship Music 10:30am Chapel 7WS 3:00pm Bingo 7WS	17 9:00am Morning Greetings 10am Arts & Crafts 7WS 1:00pm Room Visits 3:00pm Recipe Prep 7WS	18 9:00am Morning Greetings 10:15am Beach Bingo 7WS 1:30pm Activities Choice 3pm Beach Volley Ball 7WS	19 9:00am Morning Greetings 10:00am Men's Group 7WS 1:00pm Puzzles DR 2:30pm Luau Party 7WS	20 Bingo 10am DR Room Visits Mail Delivery
21 Hydration Cart Room Visits & Package Delivery Menu Week 1	22 9:00am Morning Greetings 10:00am Manicures DR 1pm Conversation with Family 3:00pm Hand Massages IR	23 9:00am Morning Greetings 10:15am Worship Music 10:30am Chapel 7WS 3:00pm Bingo 7WS	24 9:00am Morning Greeting 10am Dominoes 7WS 1:00pm Room Visits 3:00pm Exercise Group 7WS	25 9:00am Morning Greetings 10:15am Bingo 7WS 1:30pm Activities Choice 3:00pm Big Ball 7WS	26 9:00am Morning Greetings 10:00am Ladies Group 7WS 1:00pm Reminiscing #1 Hits 2pm Smoothie Treat Cart H	27 Bingo 10am DR Room Visits Mail Delivery
28 Hydration Cart Room Visits & Package Delivery Menu Week 2	29 9:00am Morning Greetings 10:00am Manicures DR 1pm Conversation with Family 3:00pm Mini Manicures IR	30 9:00am Morning Greetings 10:15am Worship Music 10:30am Chapel 7WS 3:00pm Bingo 7WS	31 9:00am Morning Greetings 10am Patio Social- 5th Floor 1:00pm Room Visits 3:00pm Arts & Craft 7WS			Activity Key IR– In-room H–Hallway DR– Dining room 7WS– 7 West Solarium P–Porch off of 6 West *All Activities are subject to Change*