

# September 2022 Brookridge Healthcare Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Activity Key</b>                      IR– In-room                      H-Hallway                      DR– Dining room                      7WS– 7 West Solarium                      P-Porch off of 6 West                      *All Activities are subject to Change*</p>			<p>We would like to give a special Thanks to Our Therapy Team Along with Our Environmental Service Team as we Celebrate their hard work this month!</p>	<p>1                      9:00am Morning Greetings                      10:15am Bingo 7WS                      1:30pm Activities Choice                      3:00pm Badminton 7WS</p>	<p>2                      9:00am Morning Greetings                      10am Men’s Group 7WS                      1:00pm Puzzles DR                      3:00pm Treat Cart H</p>	<p>3                      Game Table &amp;                      Music in the Dining Room                      Mail Delivery</p>
<p>4                      Hydration Cart                      Room Visits &amp;                      Package Delivery                      Menu Week 3</p>	<p>5 Labor Day                      9:00am Morning Greetings                      10am Patio Gathering on 5th                      1pm Conversation with Family                      3:00pm Hand Massages IR</p>	<p>6                      9:00am Morning Greetings                      10:15am Worship Music                      10:30am Chapel 7WS                      3:00pm Bingo 7WS</p>	<p>7                      9:00am Morning Greetings                      10am Exercise Group 7WS                      1:00pm Room Visits                      3:00pm Karaoke 7WS</p>	<p>8                      9:00am Morning Greetings                      10:15am Bingo 7WS                      1:30pm Activities Choice                      3:00pm Shuffle Board 7WS</p>	<p>9                      9:00am Morning Greetings                      10am Ladies Group 7th DR                      1pm September in History                      2pm Elvis–Movie&amp;Popcorn DR</p>	<p>10                      Bingo 10am DR                      Room Visits                      Mail Delivery</p>
<p>11                      Hydration Cart                      Room Visits &amp;                      Package Delivery                      Menu Week 4</p>	<p>12                      9:00am Morning Greetings                      10:00am Manicures DR                      1pm Conversation with Family                      3:00pm Mini Manicures IR</p>	<p>13                      9:00am Morning Greetings                      10:15am Worship Music                      10:30am Chapel 7WS                      3:00pm Bingo 7WS</p>	<p>14                      9:00am Morning Greetings                      10am Resident Council 7WS                      1:00pm Room Visits                      3:00pm Milkshakes 7WS</p>	<p>15                      9:00am Morning Greetings                      10:15am Bingo 7WS                      1:30pm Activities Choice                      3:00pm Frisbee Toss 7WS</p>	<p>16                      9:00am Morning Greetings                      10:00am Men’s Group 7WS                      1:00pm Word Puzzles DR                      3:00pm Treat Cart H</p>	<p>17                      Bingo 10am DR                      Room Visits                      Mail Delivery</p>
<p>18 Happy Grandparents Day!                      Hydration Cart                      Room Visits &amp;                      Package Delivery                      Menu Week 5</p>	<p>19                      9:00am Morning Greetings                      10:00am Manicures DR                      1pm Conversation with Family                      3:00pm Hand Massages IR</p>	<p>20                      9:00am Morning Greetings                      10:15am Worship Music                      10:30am Chapel 7WS                      3:00pm Bingo 7WS</p>	<p>21                      9:00am Morning Greetings                      10am Front Porch Hydration                      1:00pm Room Visits                      3:00pm Arts &amp; Craft 7WS</p>	<p>22 First Day of Autumn                      9:00am Morning Greetings                      10:15am Bingo 7WS                      1:30pm Activities Choice                      3:00pm Bocce Ball 7WS</p>	<p>23                      9:00am Morning Greetings                      10:00am Ladies Group 7WS                      1:00pm Trivia DR                      3pm Arm Chair Travel 7WS</p>	<p>24                      Bingo 10am DR                      Room Visits                      Mail Delivery</p>
<p>25                      Room Visits &amp;                      Music in the Dining Room                      Package Delivery                      Menu Week 1</p>	<p>26                      9:00am Morning Greetings                      10:00am Manicures DR                      1pm Conversation with Family                      3:00pm Mini Manicures IR</p>	<p>27                      9:00am Morning Greetings                      10:15am Worship Music                      10:30am Chapel 7WS                      3:00pm Bingo 7WS</p>	<p>28                      9:00am Morning Greetings                      10am Patio Trivia Outside 5th F                      1:00pm Room Visits                      3:00pm Arts &amp; Craft 7WS</p>	<p>29                      9:00am Morning Greetings                      10:15am Bingo 7WS                      1:30pm Activities Choice                      3:00pm Corn Hole 7WS</p>	<p>30                      9:00am Morning Greetings                      10:00am Men’s Group 7WS                      1:00pm Puzzles DR                      2:30pm Birthday Party 7WS</p>	 <p>336-759-1044                      A Baptist Retirement Homes Community                      1199 Hayes Forest Dr.                      Winston-Salem, NC 27106</p>