


November 2022

Assisted Living Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Activity Key IR- In-room B-Bulletin Board DR- Dining room O-Outing 7WS- 7 West Solarium FR-Feezor Auditorium *All Activities are subject to Change*		1 9:00am Morning Greetings 9:30am Chair Yoga LR 10:00am Daily Chronical LR 10:30am Devotional B 1:00pm Variety Time LR 3:00pm Bingo DR	2 Beauty Shop 9:00am Morning Greetings 9:30am Walking Club 10:00am Today in History 1:00pm Room Visits IR 3:00pm Arts & Crafts DR	3 9:00am Morning Greetings 9:30am Noddle Balloon LR 10:15am Hymn Singing DR 10:30am Chapel DR 3:00pm Bingo DR 8:15pm Thursday Night Football	4 9:00am Morning Greetings 9:30am Exercise LR 10:30am Shuffle Board DR 1:00pm October in History B 3:00pm Carmel Apple Bar 7WS	5 Skip-Bo 2pm
6 11am First Baptist on Fifth Church Live Stream IL 3pm Puzzles LR Menu Week 2	7 9:00am Morning Greetings 9:30am Exercise Group LR 10:00am Daily Chronicle LR 1:00pm Room Visits IR 3:00pm Music & Manicures	8 9:00am Morning Greetings 9:30am Stretching LR 10:00 Wal-Mart O 10:30am Devotional B 1:00pm Variety Time LR 3:00pm Bingo DR	9 Beauty Shop 9:00am Morning Greetings 9:30am Walking Club 10:00am Today in History 1:00pm Room Visits IR 3:00pm Poppy Coloring DR	10 9:00am Morning Greetings 9:30am Beach Ball Toss LR 10:15am Hymn Singing DR 10:30am Chapel DR 3:00pm Bingo DR 8:15pm Thursday Night Football	11 Veterans Day 9:00am Morning Greeting 9:30am Exercise Group 10:30am Veterans Brunch 7WS 1:00pm Room Visits 3pm Apple Cider & Doughnuts 7WS	12 Skip-Bo 2pm
13 11am First Baptist on Fifth Church Live Stream IL 3pm Puzzles LR Menu Week 3	14 9:00am Morning Greetings 9:30am Exercise Group LR 10:00am Daily Chronicle LR 1:00pm Room Visits IR 3:00pm Music & Manicures	15 9:00am Morning Greetings 9:30am Chair Yoga LR 10:00am Daily Chronical LR 10:30am Devotional B 1:00pm Variety Time LR 3:00pm Bingo DR	16 Beauty Shop 9:00am Morning Greetings 9:30am Walking Club 10:00am Today in History 1:00pm Room Visits IR 3:00pm Leaf Wreath DR	17 9:00am Morning Greetings 9:30am Noddle Balloon LR 10:15am Hymn Singing DR 10:30am Chapel DR 3:00pm Bingo DR 8:15pm Thursday Night Football	18 9:00am Morning Greetings 9:30am Exercise LR 10:30am Corn Hole DR 1:00pm October in History B 3:00pm Arm Chair Travel 7WS	19 Skip-Bo 2pm
20 11am First Baptist on Fifth Church Live Stream IL 3pm Puzzles LR Menu Week 4	21 9:00am Morning Greetings 9:30am Exercise Group LR 10:00am Daily Chronicle LR 1:00pm Room Visits IR 3:00pm Music & Manicures	22 9:00am Morning Greetings 9:30am Stretching LR 10:00am Daily Chronical LR 10:30am Devotional B 1:00pm Variety Time LR 3:00pm Bingo DR	23 Beauty Shop 9:00am Morning Greetings 9:30am Walking Club 10:00am Today in History 1:00pm Room Visits IR 3:00pm Jewelry Making DR	24 Thanksgiving 9:00am Morning Greetings 9:30am Beach Ball Toss LR 10:15am Hymn Singing DR 10:30am Chapel DR 3:00pm Bingo DR 8:15pm Thursday Night Football	25 9:00am Morning Greetings 9:30am Exercise LR 11:30am Mama Zoe's O 1:00pm Independent Time 3:00pm Birthday Treat Cart	26 Skip-Bo 2pm Room Visits Mail Delivery
27 11am First Baptist on Fifth Church Live Stream IL 3pm Puzzles LR Menu Week 5	28 9:00am Morning Greetings 9:30am Exercise Group LR 10:00am Daily Chronicle LR 1:00pm Room Visits IR 3:00pm Music & Manicures	29 9:00am Morning Greetings 9:30am Chair Yoga LR 10:00am Daily Chronical LR 10:30am Devotional B 1:00pm Variety Time LR 3:00pm Bingo DR	30 Beauty Shop 9:00am Morning Greetings 9:30am Walking Club 10:00am Today in History 1:00pm Room Visits IR 3:00pm Arts & Crafts DR	