



March 2023

Brookridge Healthcare Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 9:00am Morning Greetings 10:00am Jeopardy 7WS 1:00pm Room Visits IR 3:00pm Shamrock Wreath DR	2 9:00am Morning Greetings 10:15am Bingo 7WS 1:00pm Activities Choice 3:00pm Horse Shoes 7WS	3 9:00am Morning Greetings 10:00am Men's Group 7WS 1:00pm Game Table DR 3pm Performance By Becky 7WS	4 Bingo 10am 6E Room Visits Mail Delivery
5 Hydration Cart Church Streaming DR Room Visits Menu Week 4	6 9:00am Morning Greetings 10:00am Manicures DR 1:00pm Room Visits 3:00pm Hand Massages IR	7 9:00am Morning Greetings 10:15am Worship Music 10:30am Chapel 7WS 1:00pm Word Puzzles DR 3:00pm Bingo 7WS	8 9:00am Morning Greetings 10am Resident Council 7WS 1:00pm Room Visits IR 3:00pm Painting Shamrock DR	9 9:00am Morning Greetings 10:15am Bingo 7WS 1:00pm Activities Choice 3:00pm Dominoes 7WS	10 9:00am Morning Greetings 10:00am Ladies Group 7WS 1:00pm Good News DR 3:00pm Wii Games DR	11 10:30am Bocce Ball 7WS Room Visits Mail Delivery
12 Hydration Cart Church Streaming DR Room Visits Menu Week 5	13 9:00am Morning Greetings 10:00am Manicures DR 1:00pm Ball Toss DR 3:00pm Mini Manicures IR	14 9:00am Morning Greetings 10:15am Worship Music 10:30am Jigsaw Puzzle DR 1:00pm Word Puzzles DR 3:00pm Bingo 7WS	15 9:00am Morning Greetings 10:00am Exercise Group 7WS 1:00pm Room Visits IR 3:00pm 3D Shamrocks DR	16 9:00am Morning Greetings 10:15am Bingo 7WS 1:00pm Activities Choice 3:00pm Putting Green 7WS	17 9:00am Morning Greetings 10:00am Men's Group 7WS 1:00pm Green Things DR 3:00pm St. Patrick's Day Social 7WS	18 Activity Packets Mail Delivery Room Visits
19 Hydration Cart Church Streaming DR Room Visits Menu Week 1	20 9:00am Morning Greetings 10:00am Manicures DR 1:00pm Room Visits 3:00pm Hand Massages IR	21 9:00am Morning Greetings 10:15am Worship Music 10:30am Chapel 7WS 1:00pm Mini Sudoku DR 3:00pm Bingo 7WS	22 9:00am Morning Greetings 10am Do you Hear What I Hear? 7WS 1:00pm Room Visits IR 3:00pm Spring Painting DR	23 9:00am Morning Greetings 10:15am Bingo 7WS 1:00pm Activities Choice 3:00pm Big Ball 7WS	24 9:00am Morning Greetings 10:00am Ladies Group 7WS 1:00pm Missing Vowels DR 3:00pm Arm Chair Travel 7WS	25 Game Table & Music in the Dining Room Mail Delivery
26 Hydration Cart Church Streaming DR Room Visits Menu Week 2	27 9:00am Morning Greetings 10:00am Manicures DR 1:00pm Wii Games 6E 3:00pm Mini Manicures IR	28 9:00am Morning Greetings 10:15am Worship Music 10:30am Chapel 7WS 1:00pm Word Puzzles DR 3:00pm Bingo 7WS	29 9:00am Morning Greetings 10:00am Karaoke 7WS 1:00pm Room Visits IR 3:00pm Making Easter Cards DR	30 9:00am Morning Greetings 10:15am Bingo 7WS 1:00pm Activities Choice 3:00pm Bocce Ball 7WS	31 9:00am Morning Greetings 10:00am Men's Group 7WS 1:00pm Mad Libs DR 3:00pm Birthday Party 7WS	 336-759-1044 1199 Hayes Forest Dr. Winston-Salem, NC 27106