




May 2023

Brookridge Healthcare Activities

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | | |
|--|--|---|---|---|--|---|--|--|
|  | 1 9:00am Morning Greetings 10:00am Manicures DR 1:00pm Room Visits 3:00pm Hand Massages IR | 2 9:00am Morning Greetings 10:15am Worship Music 10:30am Chapel 7WS 1:00pm Jigsaw Puzzle DR 2:30pm Bingo 7WS | 3 9:00am Morning Greetings 10:00am Resident Council 7WS 1:00pm Room Visits IR 3:00pm Cactus Bookmarks DR | 4 9:00am Morning Greetings 10:15am Bingo 7WS 1:00pm Activities Choice 3:00pm Corn Hole 7WS | 5 Cinco De Mayo 9:00am Morning Greetings 10:00am Ladies Group 1:00pm Bible Trivia DR 3:00pm Margaritas 7WS | 6 10:30am Shuffle Board 7WS Room Visits | | |
| 7 Nurses Week Church Streaming DR Ice-Cream Truck Room Visits Menu Week 3 | 8 9:00am Morning Greetings 10:00am Manicures DR 1:00pm Suspension Game 3:00pm Mini Manicures IR | 9 9:00am Morning Greetings 10:15am Worship Music 10:30am Chapel 7WS 1:00pm Dominoes DR 2:30pm Bingo 7WS | 10 9:00am Morning Greetings 10:00am Exercise 7WS 1:00pm Room Visits IR 3:00pm Lemonade Cart P | 11 9:00am Morning Greetings 10:15am Bingo 7WS 1:00pm Activities Choice 3:00pm Bocce Ball 7WS | 12 9:00am Morning Greetings 10:00am Men's Group 2:30pm Ladies Tea Party 7WS 3:00pm Wii Games DR 6flr | 13 Activity Packets Mail Delivery Room Visits | | |
| 14 Mother's Day Church Streaming DR Family Visits Menu Week 4 | 15 9:00am Morning Greetings 10:00am Manicures DR 1:00pm Room Visits 3:00pm Hand Massages IR | 16 9:00am Morning Greetings 10:15am Worship Music 10:30am Chapel 7WS 1:00pm Connect Four DR 2:30pm Bingo 7WS | 17 9:00am Morning Greetings 10:00am Jeopardy 7WS 1:00pm Room Visits IR 3:00pm Finish the Cherries | 18 9:00am Morning Greetings 10:15am Bingo 7WS 1:00pm Activities Choice 3:00pm Volley Ball Toss 7WS | 19 9:00am Morning Greetings 10:00am Ladies Group 1:00pm Read My List Trivia 3:00pm Armchair Travel 7WS | 20 Armed Forces Day Game Table & Music in the Dining Room | | |
| 21 Hydration Cart Church Streaming DR Room Visits Menu Week 5 | 22 9:00am Morning Greetings 10:00am Manicures DR 1:00pm Wii Games DR 3:00pm Mini Manicures IR | 23 9:00am Morning Greetings 10:15am Worship Music 10:30am Chapel 7WS 1:00pm Word Puzzles DR 2:30pm Bingo 7WS | 24 9:00am Morning Greetings 10:00am Trivia on Porch 1:00pm Room Visits IR 3:00pm Poppy Field Collage | 25 9:00am Morning Greetings 10:15am Bingo 7WS 1:00pm Activities Choice 3:00pm Putting Green 7WS | 26 9:00am Morning Greetings 10:00am Men's Group 2:00pm Kim Wombaugh Performance- Birthday Party | 27 Bingo 10am 6E Room Visits Mail Delivery | | |
| 28 Hydration Cart Church Streaming DR Room Visits Menu Week 1 | 29 Memorial Day 9:00am Morning Greetings 10:00am Manicures DR 1:00pm Room Visits 3:00pm Hand Massages IR | 30 9:00am Morning Greetings 10:15am Worship Music 10:30am Chapel 7WS 1:00pm Sudoku DR 2:30pm Bingo 7WS | 31 9:00am Morning Greetings 10:00am Exercise 7WS 1:00pm Room Visits IR 3:00pm Front Porch Craft P |  | | | Activity Key IR_ In-room H-Hallway DR- Dining room 7WS-7 West Solarium P-Porch off of 6 West *All Activities are subject to Change* |  BROOKRIDGE A THRIVE MORE COMMUNITY 336-759-1044 1199 Hayes Forest Dr. Winston-Salem, NC 27106 |