



SEPTEMBER 2024

Assisted Living

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 11:00 First Baptist on Fifth Church Live Stream-LR 3:00 Tabletop Games/Puzzles-OYO 6:00 Vespers-IL	2 9:15 Daily Chronicle/ Coffee Pass 9:45 Exercise-LR 12:00 Labor Day Lunch Hot Dog Truck 1:00 Café Gelato-O 3:30 Slogan Match Up-LR	3 9:15 Daily Chronicle/ Coffee Pass 10:30 Trivia Tuesday-LR 2:00 Bingo-LR 3:30 Manicures & Massages-LR	4 <u>Beauty Shop/Massage Day</u> 9:15 Daily Chronicle/ Coffee Pass 9:45 Exercise-LR 10:30 Painting Class-IL 3:00 Making Jewelry-LR	5 9:15 Daily Chronicle/ Coffee Pass 10:30 Chapel-DR 2:00 Bingo-LR 3:30 Mindful Meditation-S 6:30 Dog Visits w/ Elite Canine-IL	6 9:15 Daily Chronicle/ Coffee Pass 9:45 Exercise-LR 10:30 Crafty Crafters-LR 2:00 Chair Yoga-LR 3:30 Celebrating <u>Grandparents Day</u> Ice Cream Social-S	7 3:00 Music by Robbie Vance-S
8 <u>Grandparents Day</u> 11:00 First Baptist on Fifth Church Live Stream-LR 3:00 Tabletop Games/Puzzles-OYO 6:00 Vespers-IL	9 9:15 Daily Chronicle/ Coffee Pass 9:45 Exercise-LR 10:30 Pottery Class-LR 2:00 Music By: Sid Jackson-S	10 9:15 Daily Chronicle/ Coffee Pass 10:30 Trivia Tuesday-LR 2:00 Bingo-LR 3:30 Indoor Hockey-LR	11 <u>Beauty Shop/Massage Day</u> 9:15 Daily Chronicle/ Coffee Pass 9:45 Exercise-LR 10:30 Lunch Outing: Cagney's 3:00 Music By: Oakboro-IL	12 9:15 Daily Chronicle/ Coffee Pass 10:30 Chapel-DR 11:00 Voter Registration/ Absentee Ballots-IL 2:00 Music By: Will Jones-S 3:30 Bingo-LR	13 9:15 Daily Chronicle/ Coffee Pass 9:45 Exercise-LR 10:30 Wall Darts-LR 3:00 Friday Karaoke Bash-S	14 2:00 You Be The Judge-LR 3:30 Movie Matinee-LR
15 11:00 First Baptist on Fifth Church Live Stream-LR 3:00 Tabletop Games/Puzzles-OYO 6:00 Vespers-IL	16 9:15 Daily Chronicle/ Coffee Pass 9:45 Exercise-LR 10:30 All About Apples-LR 3:00 Birthday Party-LR	17 9:15 Daily Chronicle/ Coffee Pass 10:30 Trivia Tuesday-LR 2:00 Bingo-LR 3:30 Manicures & Massages-LR	18 <u>Beauty Shop/Massage Day</u> 9:15 Daily Chronicle/ Coffee Pass 9:45 Exercise-LR 10:30 Painting Class-IL 3:00 Globe Trotters-LR	19 9:15 Daily Chronicle/ Coffee Pass 10:30 Chapel-DR 2:00 Bingo-LR 3:30 Chef's in Training-LR	20 9:15 Daily Chronicle/ Coffee Pass 9:45 Exercise-LR 10:30 Resident Council-LR 2:00 Outing: Painting with A Twist	21 1:30 Corn Hole-LR 3:00 Violin Performance-IL
22 11:00 First Baptist on Fifth Church Live Stream-LR 3:00 Tabletop Games/Puzzles-OYO 6:00 Vespers-IL	23 9:15 Daily Chronicle/ Coffee Pass 9:45 Exercise-LR 10:30 Dice Roller-LR 2:30 Music By: Mark Mason-S	24 9:30 Music Class w/ Roslyn-LR 2:00 Bingo-LR 3:30 Trivia Tuesday-LR	25 <u>Beauty Shop/Massage Day</u> 9:15 Daily Chronicle/ Coffee Pass 9:45 Exercise-LR 10:30 Crafty Crafters-LR 1:30 Sound Therapy-IL 3:30 Cardio Drumming-LR	26 8:30 Men's Breakfast-LR 9:15 Daily Chronicle/ Coffee Pass 10:30 Chapel-DR 2:00 Bingo-LR 3:30 Pet Visits-In Your Room	27 9:15 Daily Chronicle/ Coffee Pass 9:45 Exercise-LR 10:30 Outing: Krispy Kreme Donuts 3:00 Activity Auction-LR	28 2:00 Activity Boxes-OYO (will be in the LR)
29 11:00 First Baptist on Fifth Church Live Stream-LR 3:00 Tabletop Games/Puzzles-OYO 6:00 Vespers-IL	30 9:15 Daily Chronicle/ Coffee Pass 9:45 Exercise-LR 10:30 Football Throw-LR 3:00 S'mores Social-LR				<u>Brookridge Assisted Living</u> 1199 Hayes Forest Drive Winston Salem, NC 27106 336-759-1044	<u>Location Key</u> LR-Living Room IL-Independent Living DR-Dining Room O-Outside S-Solarium OYO-On Your On