

OCTOBER 2024 Mindful Impressions Activity Calendar

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 9:45 Daily Chronicle 10:00 Floor Basketball 10:30 Creativity Boxes 11:00 Chapel-Solarium 1:00 Art: Fall Aqua Painting 2:00 Number Bingo 4:00 Creativity Boxes 6:00 Evening Wind Down: Snack & Show	2 9:45 Hangman 10:30 Memorial Service 10:30 Creativity Boxes 1:00 Apple Cider & Bird Watching 2:00 Trip to the Pumpkin Patch 4:00 Creativity Boxes 6:00 Evening Wind Down: Nature Sounds & Aromatherapy	3 9:45 Sort & Match 10:30 Creativity Boxes 1:00 Sensory Nature Trail 2:00 Oktoberfest 3:00 Mindful Meditation w/ Dana 4:00 Creativity Boxes 6:00 Evening Wind Down: Funny Baby Videos	4 9:45 Daily Chronicle 10:30 Creativity Boxes 1:00 Noodle Ball 3:00 Manicures & Massages 4:00 Creativity Boxes 6:00 Popcorn & Movie	5 9:45 Groovin' to the Music 10:30 Creativity Boxes 3:00 Music with Robbie-7S 4:00 Creativity Boxes 6:00 Audio Stories
6 9:45 Creativity Boxes 10:30 Gospel Hymns 11:00 Church Service 2:30 Snacks & Chats 4:00 Creativity Boxes 6:00 TV Classics	7 9:45 Morning Devotion 10:00 Sing Along 10:30 Creativity Boxes 11:00 Dewey's Outing MEU 3:00 Beauty Shop 4:00 Creativity Boxes 6:00 Evening Wind Down: Musical Melodies	8 9:45 Daily Chronicle 10:00 Haunted Mini Golf 10:30 Creativity Boxes 11:30 Trip to the Fair! 1:00 Art: Color My World 4:00 Creativity Boxes 6:00 Evening Wind Down: Snack & Show	9 9:45 Guess that Tune 10:15 Ghost Volleyball 10:30 Creativity Boxes 2:00 Art: Making A Gratitude Tree 3:30 Rendeвер Virtual Program 4:00 Creativity Boxes 6:00 Evening Wind Down: Nature Sounds & Aromatherapy	10 9:45 Creativity Boxes 10:30 Chapel 1:00 Halloween Karaoke 3:00 Birthday Party 4:00 Creativity Boxes 6:00 Evening Wind Down: Funny Animal Videos	11 9:45 Daily Chronicle 10:30 Creativity Boxes 1:00 Art: Tissue Paper Pumpkins 3:00 Manicures & Massages 4:00 Creativity Boxes 6:00 Popcorn & Movie	12 9:45 Groovin' to the Music 10:30 Creativity Boxes 2:30 Snacks & Chats 4:00 Creativity Boxes 6:00 Audio Stories
13 9:45 Creativity Boxes 10:30 Gospel Hymns 11:00 Church Service 2:30 Snacks & Chats 4:00 Creativity Boxes 6:00 TV Classics	14 9:45 Morning Devotion 10:00 Creativity Boxes 10:30 BBQ Lunch Outing 3:00 Pink Party (Breast Cancer) 3:00 Beauty Shop 4:00 Creativity Boxes 6:00 Evening Wind Down: Musical Melodies	15 9:45 Daily Chronicle 10:00 Candy Corn Ring Toss 10:30 Creativity Boxes 1:00 Art: Decorate our Doors 3:30 Rendeвер Virtual Program 4:00 Creativity Boxes 6:00 Evening Wind Down: Snack & Show	16 9:45 Spooky Musical Ball 10:15 Number Bingo 10:30 Creativity Boxes 1:00 Art: Paper Mache Bats 3:00 Globe Trotters 4:00 Creativity Boxes 6:00 Evening Wind Down: Nature Sounds & Aromatherapy	17 9:45 Creativity Boxes 10:30 Chapel 1:00 Pumpkin Tic Tac Toe 2:00 Pumpkin Pie on the Porch 4:00 Creativity Boxes 6:00 Evening Wind Down: Funny Baby Videos	18 9:45 Daily Chronicle 10:30 Creativity Boxes 1:00 Art: Making Clay Ghost 3:00 Manicures & Massages 4:00 Creativity Boxes 6:00 Popcorn & Movie	19 9:45 Groovin' to the Music 10:30 Creativity Boxes 2:30 Snacks & Chats 4:00 Creativity Boxes 6:00 Audio Stories
20 9:45 Creativity Boxes 10:30 Gospel Hymns 11:00 Church Service 2:30 Snacks & Chats 4:00 Creativity Boxes 6:00 TV Classics	21 9:45 Morning Devotion 10:00 Sing Along 10:30 Creativity Boxes 1:45 Fall Scenery Ride 3:00 Beauty Shop 4:00 Creativity Boxes 6:00 Evening Wind Down: Musical Melodies	22 9:30 Music Class w/ Roslyn 10:45 Creativity Boxes 1:00 Art: Picasso Cubism 2:00 Cooking Up Memories- Mummy Dogs 4:00 Creativity Boxes 6:00 Evening Wind Down: Snack & Show "Hocus Pocus"	23 9:45 Pumpkin Ball 10:15 Creativity Boxes 10:30 Music by Ronnie Conaway 1:00 Baking Halloween Cookies 3:30 Cardio Drumming 4:00 Creativity Boxes 6:00 Evening Wind Down: Nature Sounds & Aromatherapy	24 9:45 Creativity Boxes 10:30 Chapel 1:00 Art: Making Fall Wreaths 3:30 Decorating Pumpkins 4:00 Creativity Boxes 6:00 Evening Wind Down: Funny Animal Videos	25 9:45 Daily Chronicle 10:30 Creativity Boxes 1:00 Halloween Jingo 3:00 Manicures & Massages 4:00 Creativity Boxes 4:00 Pet Visits 6:00 Popcorn & Movie	26 9:45 Groovin' to the Music 10:30 Creativity Boxes 2:30 Snacks & Chats 4:00 Creativity Boxes 6:00 Audio Stories
27 9:45 Creativity Boxes 10:30 Gospel Hymns 11:00 Church Service 2:30 Snacks & Chats 4:00 Creativity Boxes 6:00 TV Classics	28 9:45 Morning Devotion 10:00 Sing Along 10:30 Creativity Boxes 1:00 Pumpkin Ring Toss/Contest 3:00 Beauty Shop 4:00 Creativity Boxes 6:00 Evening Wind Down: Musical Melodies	29 9:45 Daily Chronicle 10:00 Monster Mash Chair Exercise 10:30 Creativity Boxes 1:00 Art: DIY Sock Pumpkins 3:30 Rendeвер Virtual Program 4:00 Creativity Boxes 6:00 Evening Wind Down: Snack & Show	30 9:45 Mind Joggers 10:15 Cornhole 10:30 Creativity Boxes 1:00 Trick or Treating with Staff 3:00 Creativity Boxes 4:00 Drive Up Movie : "The Great Pumpkin Charlie Brown" 6:00 Evening Wind Down: Nature Sounds & Aromatherapy	31 9:45 Creativity Boxes 10:30 Chapel 1:00 Fall Puzzles with Pals 2:30 Halloween Party! 4:00 Creativity Boxes 6:00 Evening Wind Down: Funny Baby Videos		
						<p style="text-align: center;">Brookridge Retirement Community 1199 Hayes Forest Dr. Winston Salem NC 27106 336-759-1044</p>