

November 2024

Brookridge Healthcare Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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Activity Key
 IR -In-room
 DR- Dining room
 7WS-7 West Solarium
 O- Outing
 All Activities are subject to Change



BROOKRIDGE
 A THRIVEMORE COMMUNITY
 336-759-1044
 1199 Hayes Forest Dr.
 Winston-Salem, NC 27106



1
 9:00am Morning Greetings
 10am Resident Council 7WS
 1:00pm Sensory Cart
 3:00pm Becky Walton 7WS

2 Alzheimer Walk
 Robbie Vance
 3:00pm

3 Daylights Saving Time End
 Church Streaming DR
 Friend Visits
 Menu Week 2

4
 9:00am Morning Greetings
 10:00am Exercise DR
 1:00pm Sensory Cart
 3:00pm Manicures DR

5 9:00am Morning Greetings
 10:45am Worship Music DR
 11:00am Devotional DR
 1:00pm Sensory Cart
 2:30pm Bingo 7WS

6
 9:00am Morning Greetings
 10:00am Variety Time
 1:00pm Sensory Cart
 2:30pm Arts & Crafts DR

7 9:00am Morning Greetings
 10:30am Apple Trivia DR
 1:00pm Sensory Cart
 3:00pm Ball Toss DR
 8:15pm Thursday Night Football

8
 9:00am Morning Greetings
 10:00am Funny Videos DR
 1:00pm Sensory Cart
 2:30pm Tons of Puns DR

9 Activity Packets

10
 Church Streaming DR
 Friend Visits
 Menu Week 3

11 Veteran's Day
 9:00am Veteran's Day Breakfast
 10:00am Exercise DR
 1:00pm Sensory Cart
 3:00pm Manicures DR

12 9:00am Morning Greetings
 10:45am Worship Music
 11:00am Chapel 7WS
 1:00pm Sensory Cart
 2:30pm Bingo 7WS

13
 9:00am Morning Greetings
 11am Nancy McGimsey 7WS
 1:00pm Sensory Cart
 2:30pm Arts & Crafts DR

14 9:00am Morning Greetings
 10:30am Pickle Trivia
 1:00pm Sensory Cart
 3:00pm UNO DR
 8:15pm Thursday Night Football

15
 9:00am Morning Greetings
 10:00am Price Was Right DR
 1:00pm Sensory Cart
 3:00pm Armchair Travel

16 Game Table & Music on TV

17
 Church Streaming DR
 Friend Visits
 Menu Week 4

18
 9:00am Morning Greetings
 10:00am Exercise DR
 1:00pm Sensory Cart
 3:00pm Manicures DR

19 9:00am Morning Greetings
 10:45am Worship Music
 11:00am Chapel 7WS
 1:00pm Sensory Cart
 2:30pm Bingo 7WS

20
 9:00am Morning Greetings
 10:00am Craft Cart DR
 1:00pm Sensory Cart
 3:00pm Cardio Drumming IL

21 9:00am Morning Greetings
 10:30am Bingo 7WS
 1:00pm Sensory Cart
 3:00pm Balloon Toss DR.
 8:15pm Thursday Night Football

22
 9:00am Morning Greetings
 10:30am Hot Tea Social AL
 1:00pm Sensory Cart
 3:00pm Movie Matinée DR

23 Word Puzzles & TV Shows

24
 Church Streaming DR
 Friend Visits
 Menu Week 1

25
 9:00am Morning Greetings
 10:00am Exercise DR
 1:00pm Sensory Cart
 3:00pm Manicures DR

26 9:00am Morning Greetings
 10:45am Worship Music
 11:00am Chapel 7WS
 1:00pm Sensory Cart
 2:30pm Bingo 7WS

27
 9:00am Morning Greetings
 10:00am Coffee/Pastries AL
 1:00pm Sensory Cart
 2:30pm Arts & Crafts DR

28 Thanksgiving
 9:00am Morning Greetings
 10:00am Macy's Parade DR
 1:00pm Sensory Cart
 3:00pm Puzzles DR

29
 9:00am Morning Greetings
 10:00am Trivia Dr
 1:00pm Sensory Cart
 2:30pm Birthday Cart

30 Activity Packets