

NOVEMBER 2024 Mindful Impressions Activity Calendar

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>Brookridge Retirement Community 1199 Hayes Forest Dr. Winston Salem NC 27106 336-759-1044</p>	<p>*All activities on this calendar are subject to change *</p>				<p>1 9:45 Daily Chronicle 10:00 Playdoh Picasso 10:30 Creativity Boxes 1:00 Jewelry Making 2:00 Manicures & Massages 3:00 Music by: Becky Walton S 4:00 Creativity Boxes 6:00 Popcorn & Movie</p>	<p>2 Alzheimers Awareness Walk 9:45 Groovin' to the Music 10:30 Creativity Boxes 3:00 Music with Robbie Vance- 7S 4:00 Creativity Boxes 6:00 Audio Stories</p>
<p>3 9:45 Creativity Boxes 10:30 Gospel Hymns 11:00 Church Service 2:30 Snacks & Chats 4:00 Creativity Boxes 6:00 TV Classics</p>	<p>4 9:45 Morning Devotion 10:00 Sing Along 10:30 Lunch Outing to K&W 11:00 Creativity Boxes 2:00 Beauty Shop 4:00 Creativity Boxes 6:00 Evening Wind Down: Musical Melodies</p>	<p>5 9:45 Daily Chronicle 10:00 Chair Exercise 10:30 Creativity Boxes 1:00 Cornhole Competition 2:00 Splatter Painting 4:00 Creativity Boxes 6:00 Evening Wind Down: Snack & Show</p> <p style="writing-mode: vertical-rl; transform: rotate(180deg);">ELECTION DAY</p>	<p>6 9:45 Guess that Tune 10:15 Sorry! Board Game 10:30 Creativity Boxes 1:00 Fashion Show 3:15 Pet Therapy 4:00 Creativity Boxes 6:00 Evening Wind Down: Nature Sounds & Aromatherapy</p>	<p>7 9:30 Daily Chronicle 9:45 Creativity Boxes 10:30 Chapel 1:00 Broomstick Floor Hockey 2:30 Karaoke and Dancing 4:00 Creativity Boxes 6:00 Evening Wind Down: Funny Animal Videos</p>	<p>8 9:45 Daily Chronicle 10:00 Memory Lane Walk 11:00 Creativity Boxes 2:30 Birthday Party! 3:00 Art: Turkey Hands 4:00 Creativity Boxes 6:00 Popcorn & Movie</p>	<p>9 9:45 Groovin' to the Music 10:30 Creativity Boxes 2:30 Snacks & Chats 4:00 Creativity Boxes 6:00 Audio Stories</p>
<p>10 9:45 Creativity Boxes 10:30 Gospel Hymns 11:00 Church Service 2:30 Snacks & Chats 4:00 Creativity Boxes 6:00 TV Classics</p>	<p>11 9:45 Morning Devotion 10:00 Sing Along 10:30 Creativity Boxes 1:00 Beauty Shop 3:00 Music by: Tracy Bentley 4:00 Creativity Boxes 6:00 Evening Wind Down: Musical Melodies</p>	<p>12 9:45 Daily Chronicle 10:00 Cornhole Competition 10:30 Creativity Boxes 1:00 Rock N' Roll Bingo 3:15 Meditation with Dana 4:00 Creativity Boxes 6:00 Evening Wind Down: Snack & Show</p>	<p>13 9:45 Daily Chronicle 10:15 Creativity Boxes 11:00 Music by: Nancy Mcgimpsey S 1:00 Painting Class with Brooke 3:00 Sound Therapy in IL 4:00 Creativity Boxes 6:00 Evening Wind Down: Nature Sounds & Aromatherapy</p>	<p>14 9:30 Daily Chronicle 9:45 Creativity Boxes 10:30 Chapel 1:30 Play Pass the Pickle 3:15 Pickle Taste Testing in AL 4:00 Creativity Boxes 6:00 Evening Wind Down: Funny Baby Videos</p>	<p>15 9:45 Daily Chronicle 10:00 Virtual Vacation 10:30 Creativity Boxes 1:00 Art: Make Two-in-One Door Tags 2:30 Manicures & Massages 4:00 Creativity Boxes 6:00 Popcorn & Movie</p>	<p>16 9:45 Groovin' to the Music 10:30 Creativity Boxes 2:00 Pokeno Game in AL 3:00 Pumpkin Roll Treat AL 4:00 Creativity Boxes 6:00 Audio Stories</p>
<p>17 9:45 Creativity Boxes 10:30 Gospel Hymns 11:00 Church Service 2:30 Snacks & Chats 4:00 Creativity Boxes 6:00 TV Classics</p>	<p>18 9:45 Morning Devotion 10:00 Sing Along 10:30 Creativity Boxes 1:00 Shopping at Target 3:00 Beauty Shop 4:00 Creativity Boxes 6:00 Evening Wind Down: Musical Melodies</p>	<p>19 9:30 Daily Chronicle 10:00 Axe Throwing 10:30 Creativity Boxes 1:00 National Play Monopoly Day! 2:30 Chefs in Training 4:00 Creativity Boxes 6:00 Evening Wind Down: Snack & Show</p>	<p>20 9:45 Floor Basketball 10:15 Creativity Boxes 10:30 Music by: Ron Conaway in S 1:00 Art: Make a Thankful Wall Quilt 3:00 Cardio Drumming in IL 4:00 Creativity Boxes 6:00 Evening Wind Down: Nature Sounds & Aromatherapy</p>	<p>21 9:30 Daily Chronicle 9:45 Creativity Boxes 10:30 Chapel 1:00 Balloon Badminton vs. Staff 2:00 Art: Make No Sew Pillows 4:00 Creativity Boxes 6:00 Evening Wind Down: Fun-ny Baby Videos</p>	<p>22 9:45 Daily Chronicle 10:00 Creativity Boxes 10:30 Hot Tea Party! 1:00 National Take a Ride Day: Scenery Ride 3:00 Manicures & Massages 4:00 Creativity Boxes 6:00 Popcorn & Movie</p>	<p>23 9:45 Groovin' to the Music 10:30 Creativity Boxes 2:00 Dandelion Game AL 3:00 Music Trivia 4:00 Creativity Boxes 6:00 Audio Stories</p>
<p>24 9:45 Creativity Boxes 10:30 Gospel Hymns 11:00 Church Service 2:30 Snacks & Chats 4:00 Creativity Boxes 6:00 TV Classics</p>	<p>25 9:45 Morning Devotion 10:00 Sing Along 10:30 Creativity Boxes 1:00 Art: Thankful Connections- Paper Chain 3:00 Beauty Shop 4:00 Creativity Boxes 6:00 Evening Wind Down: Musical Melodies</p>	<p>26 9:30 Music Therapy with Ashley in AL 10:00 Creativity Boxes 10:30 Chronicle and Coffee 1:00 Art: Hand Crochet 2:00 Creativity Boxes 3:15 National Cake Day Social AL 6:00 Evening Wind Down: Snack & Show</p>	<p>27 9:45 November Trivia 10:00 Creativity Boxes 10:30 Painting Class with Ginnie 2:00 Friendsgiving Party! In AL 3:00 Creativity Boxes 6:00 Evening Wind Down: Nature Sounds & Aromatherapy</p>	<p>28 9:30 Macy's Parade Viewing 9:45 Creativity Boxes 10:30 Chapel 1:00 Puzzles with Pals 2:30 Thanksgiving Coloring 4:00 Creativity Boxes 6:00 Evening Wind Down: Funny Baby Videos</p> <p style="writing-mode: vertical-rl; transform: rotate(180deg);">Thanksgiving</p>	<p>29 9:45 Daily Chronicle 10:00 Football Throw 10:30 Creativity Boxes 1:00 Capture the Turkey Bandit Game 2:30 Manicures & Massages 3:00 Kiss n Tell Band in IL 4:00 Creativity Boxes 6:00 Popcorn & Movie</p>	<p>30 9:45 Groovin' to the Music 10:30 Creativity Boxes 2:30 Snacks & Chats 4:00 Creativity Boxes 6:00 Audio Stories</p>