

DECEMBER 2024 Mindful Impressions Activity Calendar

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 9:45 Creativity Boxes 10:30 Gospel Hymns 11:00 Church Service 2:30 Snacks & Chats 4:00 Creativity Boxes 6:00 TV Classics	2 9:45 Morning Devotion 10:00 Sing Along 10:30 Mistletoe Day Craft 11:00 Creativity Boxes 1:00 Rendever Reminiscence 2:00 Beauty Shop 4:00 Creativity Boxes 6:00 Evening Wind Down: Musical Melodies 	3 9:45 Daily Chronicle 10:00 Chair Exercise 10:30 Creativity Boxes 1:00 Fall Leaves Nature Walk 2:00 Music by Ron Conway S 4:00 Creativity Boxes 5:30 Tanglewood Lights Trip! 6:00 Evening Wind Down: Snack & "National Lampoons Christmas" 	4 9:45 Guess that Christmas Tune 10:15 Reindeer Antler Ring Toss 10:30 Creativity Boxes 1:00 Putting up the Christmas Tree 2:00 Deck the Halls- Decorating 2:30 Cookie Decorating 4:00 Creativity Boxes 6:00 Evening Wind Down: Nature Sounds & Aromatherapy	5 9:30 Daily Chronicle 9:45 Creativity Boxes 10:30 Chapel 2:30 Prohibition Mocktail Party! 4:00 Creativity Boxes 6:00 Evening Wind Down: Funny Animal Videos  6:30 Room visits from Elite Canine	6 9:45 Daily Chronicle 10:30 Creativity Boxes 11:00 Community Christmas Party in IL 2:00 Manicures & Massages 3:00 Edible Christmas Wreaths 4:00 Creativity Boxes 6:00 Popcorn & Movie	7 Activity Packets 9:45 Groovin' to the Music 10:30 Creativity Boxes 3:00 Music with Robbie Vance- 7S 4:00 Creativity Boxes 6:00 Audio Stories
8  9:45 Creativity Boxes 10:30 Gospel Hymns 11:00 Church Service 2:30 Snacks & Chats 4:00 Creativity Boxes 6:00 TV Classics	9 9:45 Morning Devotion 10:00 Sing Along 10:30 Bingo in AL 11:00 Creativity Boxes 1:00 Beauty Shop 2:30 Kazoo Performance in S 4:00 Creativity Boxes 6:00 Evening Wind Down: Musical Melodies	10 9:45 Daily Chronicle 10:00 Creativity Boxes 10:30 Lunch at Mama Zoe's 2:00 Nativity Ornaments 3:00 Flobone Christmas 4:00 Creativity Boxes 6:00 Evening Wind Down: Snack&"The Family Stone"	11 9:45 Daily Chronicle 10:15 Creativity Boxes 10:30 Painting Class w Ginnie 2:00 Music by Four Calling Birds IL 3:15 Spin the Bow Game in AL 4:00 Creativity Boxes 6:00 Evening Wind Down: Nature Sounds & Aromatherapy	12 9:30 Daily Chronicle  9:45 Creativity Boxes 10:30 Chapel 1:00 Making Holiday Ornaments 1:45 Music by Mary Michaels in IL 3:15 Chair Yoga with Tiffany in AL 4:00 Creativity Boxes 6:00 Evening Wind Down: Funny Animal Videos	13 9:45 Daily Chronicle 10:30 Hot Cocoa Day Social 11:00 Creativity Boxes 2:30 Birthday Party! 3:00 Art: Mason Jar Snow Globes 4:00 Creativity Boxes 6:00 Popcorn &"The Grinch"	14 Activity Packets 9:45 Groovin' to the Music 10:30 Creativity Boxes 2:00 Holiday Flower Arranging in AL 3:00 Bingo in AL 4:00 Creativity Boxes
15 9:45 Creativity Boxes 10:30 Gospel Hymns 11:00 Church Service 2:30 Snacks & Chats 4:00 Creativity Boxes 6:00 TV Classics	16 9:45 Morning Devotion 10:00 Sing Along 10:30 Creativity Boxes 1:00 Christmas Carolers 2:00 Making Gingerbread Houses 3:00 Beauty Shop  4:00 Creativity Boxes 6:00 Evening Wind Down: Musical Melodies	17 9:45 Daily Chronicle 10:00 Creativity Boxes 10:30 Christmas Bingo 1:00 Making Christmas Cards 3:30 Meditation with Dana in S 4:00 Creativity Boxes 6:00 Evening Wind Down: Snack & "Elf"	18 9:45 Daily Chronicle 10:15 Creativity Boxes 11:00 Art: Making Paper Poinsettias 1:00 Painting Santa Fans 2:00 Elf Scavenger Hunt 4:00 Creativity Boxes 6:00 Evening Wind Down: Nature Sounds & Aromatherapy	19 9:30 Daily Chronicle 9:45 Creativity Boxes 10:30 Chapel 1:00 Taking Christmas Photos 3:00 Stringing Popcorn 4:00 Creativity Boxes 6:00 Evening Wind Down: Funny Baby Videos 6:30 Moon Glows Performance in IL	20 9:45 Daily Chronicle 10:00 Manicures & Massages 10:30 Creativity Boxes 1:00 Christmas Craft 2:00 Dirty Santa Game and Snack Social 4:00 Creativity Boxes 6:00 Popcorn & "The Santa	21 Activity Packets 9:45 Groovin' to the Music 10:30 Creativity Boxes 2:30 Snacks & Chats 4:00 Creativity Boxes 6:00 Audio Stories
22 9:45 Creativity Boxes 10:30 Gospel Hymns 11:00 Church Service 2:30 Snacks & Chats 4:00 Creativity Boxes 6:00 TV Classics	23 9:45 Morning Devotion 10:30 Creativity Boxes 1:00 Beauty Shop 2:30 Christmas Party! In S 3:00 Visit from Santa!  4:00 Creativity Boxes 6:00 Evening Wind Down: Musical Melodies	24 9:30 Daily Chronicle 10:00 Creativity Boxes 10:30 Chapel in S 1:00 Snowball Game 2:30 Christmas Cardio Drumming 4:00 Creativity Boxes 6:00 Evening Wind Down: Snack & "The Night Before Christmas"	25 9:45 Daily Chronicle 10:15 Creativity Boxes 10:30 Puzzles with Pals 1:00 Activity Fun Bags! 3:00 Christmas Coloring 4:00 Creativity Boxes 6:00 Evening Wind Down: Nature Sounds & Aromatherapy	26 9:30 Daily Chronicle 9:45 Creativity Boxes 10:30 Exercise Class 1:00 Chefs in Training 3:00 Bingo 4:00 Creativity Boxes 6:00 Evening Wind Down: Funny Baby Videos	27 9:45 Daily Chronicle 10:00 Creativity Boxes 10:30 Rendever Experience 1:00 Holiday Pictionary 2:30 Armchair Travel to North Pole 3:00 Manicures & Massages 4:00 Creativity Boxes	28 Activity Packets 9:45 Groovin' to the Music 10:30 Creativity Boxes 2:30 Snacks & Chats 4:00 Creativity Boxes 6:00 Audio Stories
29 9:45 Creativity Boxes 10:30 Gospel Hymns 11:00 Church Service 2:30 Snacks & Chats 4:00 Creativity Boxes 6:00 TV Classics	30 9:45 Morning Devotion 10:00 Sing Along 10:30 Creativity Boxes 1:00 Art: Cutting Paper Snowflakes 3:00 Beauty Shop 4:00 Creativity Boxes 6:00 Evening Wind Down: Musical Melodies	31 9:30 Daily Chronicle 10:00 Creativity Boxes 10:30 New Years Eve Bingo 1:00 Make New Years Eve Crowns 2:30 New Years Eve Party in S 4:00 Creativity Boxes 6:00 Evening Wind Down: Snack&"Rudolphs Shiny New Year"			*All activities on this calendar are subject to change *	Brookridge Retirement Community 1199 Hayes Forest Dr. Winston Salem NC 27106 336-759-1044