
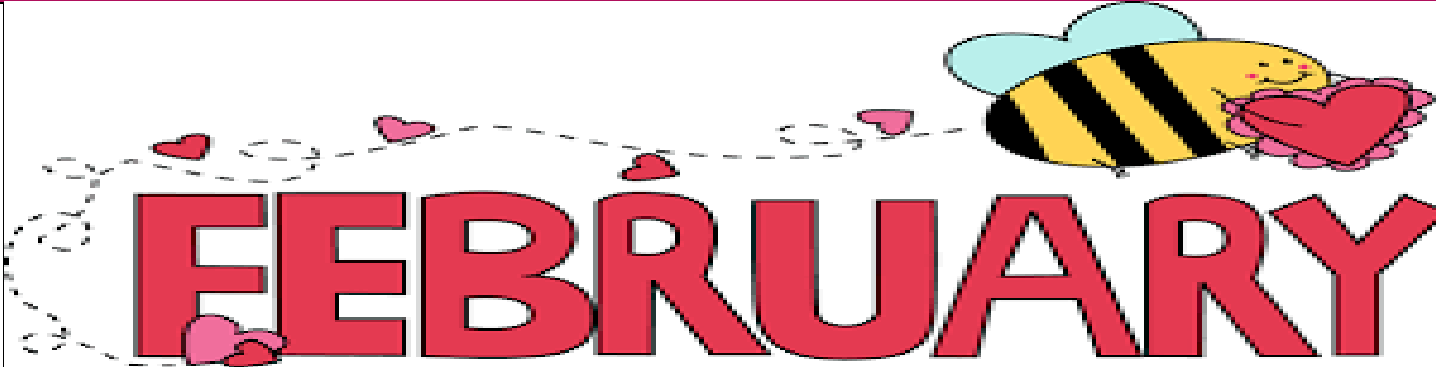



# FEBRUARY 2025 Mindful Impressions Activity Calendar

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>*All activities on this calendar are subject to change *</p>						<p><b>1 Activity Packets</b>            9:45 Groovin' to the Music            10:30 Creativity Boxes            2:00 Movie Matinee, CNL1390            4:00 Creativity Boxes            6:00 Audio Stories</p>
<p><b>2</b>            9:45 Creativity Boxes            10:30 Gospel Hymns            11:00 Church Service            2:30 Snacks &amp; Chats            4:00 Creativity Boxes</p>	<p><b>3</b> 9:45 Morning Devotion            10:00 The Story of Groundhog Day            10:30 Groundhog Hunt            11:00 Creativity Boxes            1:30 Edible Groundhog Craft            2:30 Beauty Shop            4:00 Creativity Boxes            6:00 Evening Wind Down:            'Groundhog Day' Movie</p>	<p><b>4</b> 9:45 Daily Chronicle            10:00 Creativity Boxes            10:30 Axe Throwing            2:00 Pet Visit from Franklin            3:30 Meditation with Dana in S            4:00 Creativity Boxes            6:00 Evening Wind Down:            Snack &amp; Show</p>	<p><b>5</b> 9:45 Daily Chronicle            10:15 Creativity Boxes            10:30 Football Toss Game            2:30 Flobone in S            4:00 Creativity Boxes            6:00 Evening Wind Down:            Nature Sounds &amp; Aromatherapy</p>	<p><b>6</b> 9:30 Music Therapy w Ashley            9:45 Creativity Boxes            10:30 Chapel            1:30 Bingo            2:30 "Walk n Roll" Walking Club            4:00 Creativity Boxes            6:00 Evening Wind Down:            Funny Animal Videos</p>	<p><b>7</b> 9:45 Daily Chronicle            10:30 Creativity Boxes            10:30 Make a Sweet Treat Wreath            2:30 Birthday Party!            3:00 Manicures &amp; Massages            4:00 Creativity Boxes            6:00 Popcorn &amp; Movie</p>	<p><b>8 Activity Packets</b>            9:45 Groovin' to the Music            10:30 Creativity Boxes            2:00 Movie Matinee, CNL1390            4:00 Creativity Boxes            6:00 Audio Stories</p>
<p><b>9</b>            9:45 Creativity Boxes            10:30 Gospel Hymns            11:00 Church Service            2:30 Snacks &amp; Chats            4:00 Creativity Boxes            6:00 TV Classics</p>	<p><b>10</b> 9:45 Morning Devotion            10:00 Creativity Boxes            10:30 Pizza Outing            1:00 Beauty Shop            2:30 Valentines Advice Photos            4:00 Creativity Boxes            6:00 Evening Wind Down:            Musical Melodies</p>	<p><b>11</b> 9:45 Daily Chronicle            10:00 Creativity Boxes            10:30 Cupid's Arrow Toss            1:00 Art Throb Club: Make Valentines Cards            2:30 Pet Visit From Franklin            4:00 Creativity Boxes            6:00 Evening Wind Down:            Snack &amp; Show</p>	<p><b>12</b> 9:45 Daily Chronicle            10:15 Creativity Boxes            10:30 Painting with Ginnie in IL            1:00 Valentines Prayer Boxes            2:00 Music by Mark Mason in S            3:00 Creativity Boxes            6:00 Evening Wind Down:            Nature Sounds &amp; Aromatherapy</p>	<p><b>13</b> 9:30 Daily Chronicle            9:45 Creativity Boxes            10:30 Chapel            1:00 Music by Ian Benjamin in S            2:15 "Walk n Roll" Walking Club            3:00 Bingo            4:00 Creativity Boxes            6:00 Evening Wind Down:</p>	<p><b>14</b> 9:45 Daily Chronicle            10:00 Manicures &amp; Massages            10:30 Creativity Boxes            1:00 Make a Love Bug Craft            2:00 'You Have a Place in My Heart' Party in S            4:00 Creativity Boxes            6:00 Popcorn &amp; Movie</p>	<p><b>15 Activity Packets</b>            9:45 Groovin' to the Music            10:30 Creativity Boxes            2:00 Movie Matinee, CNL1390            2:30 Snacks &amp; Chats            4:00 Creativity Boxes            6:00 Audio Stories</p>
<p><b>16</b>            9:45 Creativity Boxes            10:30 Gospel Hymns            11:00 Church Service            2:30 Snacks &amp; Chats            4:00 Creativity Boxes            6:00 TV Classics</p>	<p><b>17</b> 9:45 Morning Devotion            10:30 Creativity Boxes            11:00 Presidents Day Mystery History            1:00 Beauty Shop            2:30 Music by Dandy Don in S            4:00 Creativity Boxes            6:00 Evening Wind Down:            Musical Melodies</p>	<p><b>18</b> 9:30 Daily Chronicle            10:00 Creativity Boxes            10:30 Kick Ball Circle            1:00 Ice Fishing Competition            2:00 Pet Visit from Franklin            3:00 Art Throb Club: No Sew Throws            4:00 Creativity Boxes            6:00 Evening Wind Down:</p>	<p><b>19</b> 8:30 Men's Breakfast            9:45 Daily Chronicle            10:15 Creativity Boxes            10:30 Ladies Coffee n Convos            1:00 Karaoke Party!            4:00 Creativity Boxes            6:00 Evening Wind Down:            Nature Sounds &amp; Aromatherapy</p>	<p><b>20</b> 9:30 Daily Chronicle            9:45 Creativity Boxes            10:30 Chapel            1:00 Bingo            2:30 "Walk n Roll" Walking Club            4:00 Creativity Boxes            6:00 Evening Wind Down: Fun-ny Baby Videos            6:30 Elite Canine Visits</p>	<p><b>21</b> 9:45 Daily Chronicle            10:00 Creativity Boxes            10:30 Manicures &amp; Massages            2:00 Cooking Club with Chef Eric            3:00 Cornhole Competition            4:00 Creativity Boxes            6:00 Popcorn &amp; Movie</p>	<p><b>22 Activity Packets</b>            9:45 Groovin' to the Music            10:30 Creativity Boxes            2:00 Movie Matinee, CNL1390            2:30 Snacks &amp; Chats            4:00 Creativity Boxes            6:00 Audio Stories</p>
<p><b>23</b>            9:45 Creativity Boxes            10:30 Gospel Hymns            11:00 Church Service            2:30 Snacks &amp; Chats            4:00 Creativity Boxes            6:00 TV Classics</p>	<p><b>24</b> 9:45 Morning Devotion            10:00 Sing Along            10:30 Creativity Boxes            1:00 Outing to Dewey's            3:00 Beauty Shop            4:00 Creativity Boxes            6:00 Evening Wind Down:            Musical Melodies</p>	<p><b>25</b> 10:00 Music Therapy w Ashley            10:30 Daily Chronicle            11:00 Creativity Boxes            1:00 Art Throb Club: Making Trinket Boxes            2:00 Pet Visit From Franklin            3:00 Carpet Bowling            4:00 Creativity Boxes            6:00 Evening Wind Down:            Snack&amp;Show</p>	<p><b>26</b> 9:45 Daily Chronicle            10:15 Creativity Boxes            10:30 Music by Ron Conway in S            1:00 Cornhole Competition            2:30 Armchair Travel to            4:00 Creativity Boxes            6:00 Evening Wind Down:            Nature Sounds &amp; Aromatherapy</p>	<p><b>27</b> 9:30 Croissant Day Social            9:45 Creativity Boxes            10:30 Chapel            1:00 Bingo            3:15 "Walk n Roll" Walking Club            4:00 Creativity Boxes            6:00 Evening Wind Down:            Funny Baby Videos</p>	<p><b>28</b> 9:45 Daily Chronicle            10:00 Creativity Boxes            10:30 Balloon Badminton            1:00            2:00 Chair Yoga with Tiffany in IL            3:00 Manicures &amp; Massages            4:00 Creativity Boxes            6:00 Popcorn &amp; Movie</p>	<p style="text-align: center;"><b>Brookridge Retirement Community</b>            1199 Hayes Forest Dr. Winston Salem NC 27106            336-759-1044</p>