

Brookridge Healthcare Activities

February 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><u>Activity Key</u> IR- In-Room DR- Dining Room 7WS- 7 West Solarium *All Activities are subject to Change*</p>						1 Black History Month Begins Civil Right Word Search 2:00pm Movie Matinee Chanel 1390
2 Groundhog Day Church Streaming Friend Visits Menu Week 3	3 10:00am Bulletin Boards & Decorating for February 1:30pm Checkers DR 2:30pm Manicures DR 6:00pm Puzzle Packet DR	4 9:00am Morning Greetings 10:45am Worship Music 11:00am Chapel 7WS 2:00pm Tea Time DR 3:30pm Meditation with Dana 7WS	5 9:00am Morning Greetings 10:00am Jeopardy DR 1:00pm Nutella Treats DR 2:30pm Flobone– Musical Instrument Performance 7WS	6 9:00am Morning Greetings 10:00am Bingo 6th Floor DR 1:00pm Jokes/Riddles DR 3:00pm Balloon Toss DR	7 9:00am Morning Greetings 10am Resident Council 7WS 1:00pm Geo Puzzles DR 2:30pm Black History Facts DR	8 Boy Scouts Day Word Match 2:00pm Movie Matinee Chanel 1390
9 Super Bowl Sunday Church Streaming Friend Visits Kick off 6:30pm on Fox Menu Week 1	10 9:00am Morning Greetings 10am Moving with Music DR 1:30pm Shut the Box DR 2:00pm No bake Oat Cookies DR	11 9:00am Morning Greetings 10:45am Worship Music 11:00am Chapel 7WS 1:30pm Hydration Cart IR 2:30pm Bingo 7WS	12 9:00am Morning Greetings 10:00am UNO DR 1:00pm Variety Time DR 2:00pm Mandala Coloring DR	13 9:00am Morning Greetings 10:00am Bingo 6th Floor DR 1:00pm Kiss & Tell-Music Performance 7WS 3:00pm Yahtzee DR	14 Valentines Day 9:00am Morning Greetings 10am Flower Arranging DR 2:00pm Heart Social 7WS 7pm Bulletin Board Trivia IR	15 Who Am I? 2:00pm Movie Matinee Chanel 1390
16 Church Streaming Friend Visits Menu Week 2	17 Presidents' Day 9:00am Morning Greetings 10:00am Chair Exercise DR 1:00pm Variety Time DR 2:30pm Dandy Don The Cowboy Entertainer Music 7WS	18 9:00am Morning Greetings 10:45am Worship Music 11:00am Chapel 7WS 1:30pm Coffee Time DR 2:30pm Bingo 7WS	19 9:00am Morning Greetings 10:00am Friendly Feud DR 2:30pm Water Coloring DR 3:30pm Wii Games 6th Floor DR	20 9:00am Morning Greetings 10:00am Bingo 6th Floor DR 1:00pm Word Mining DR 3:00pm Horse Shoes DR 7:00pm Humor Page IR	21 9:00am Morning Greetings 10:00am Bible Trivia DR 1:00pm Variety Time DR 2:30pm Armchair Travel 7WS	22 George Washington Word Search 2:00pm Movie Matinee Chanel 1390
23 Church Streaming Friend Visits Menu Week 3	24 9:00am Morning Greetings 10:00am Stretching DR 1:30pm Word Scrabble DR 3:00pm Manicures IR	25 9:00am Morning Greetings 10:45am Worship Music 11:00am Chapel 7WS 1:30pm Hydration Cart IR 2:30pm Bingo 7WS	26 9:00am Morning Greetings 10:30am Ron Conaway 7WS 1:00pm Reminiscing DR 2:30pm Arts & Crafts DR 7:30pm Game Show IR	27 9:00am Morning Greetings 10:00am Bingo 6th Floor DR 1:00pm Name 10 DR 3:00pm Shut the Box DR	28 9:00am Morning Greetings 10:00am Bulletin Board Updates/ Undecorating 1:00pm Puzzles IR 2:30pm Birthday Party 7WS 7pm Bulletin Board Trivia IR	 <p>BROOKRIDGE ATHRIVE MORE COMMUNITY 336-759-1044 1199 Hayes Forest Dr. Winston-Salem, NC 27106</p>