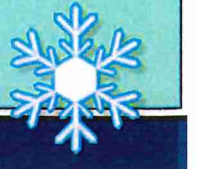




JANUARY 2025 Mindful Impressions Activity Calendar



Sun Mon Tue Wed Thu Fri Sat

*All activities on this calendar are subject to change *



5
9:45 Creativity Boxes
10:30 Gospel Hymns
11:00 Church Service
2:30 Snacks & Chats
4:00 Creativity Boxes
6:00 TV Classics

6 9:45 Morning Devotion
10:00 Sing Along to Hymns
10:30 Balloon Volleyball
11:00 Creativity Boxes
1:00 Beauty Shop
2:30 MEU Scenic Ride
4:00 Creativity Boxes
6:00 Evening Wind Down:
Musical Melodies

7 9:45 Daily Chronicle
10:00 Creativity Boxes
10:30 Kick Ball Circle
2:00 Pet Visit from Franklin
3:30 Meditation with Dana
4:00 Creativity Boxes
6:00 Evening Wind Down:
Snack&Show

8 9:45 Daily Chronicle
10:15 Creativity Boxes
10:30 Nancy McGimpsey Music
10:30 Memorial Service in IL
2:00 Soup for the Soul Social
4:00 Creativity Boxes
6:00 Evening Wind Down:
Nature Sounds & Aromatherapy

9 9:30 Music Therapy w Ashley
9:45 Creativity Boxes
10:30 Chapel
1:30 Bingo
3:15 Cardio Drumming to the 70s
4:00 Creativity Boxes
6:00 Evening Wind Down:
Funny Animal Videos

10 9:45 Daily Chronicle
10:30 Creativity Boxes
10:30 Lunch Outing to Umi
2:00 Music by Robert Buxton in IL
3:00 Manicures & Massages
4:00 Creativity Boxes
6:00 Popcorn & Movie

11 Activity Packets
9:45 Groovin' to the Music
10:30 Creativity Boxes
2:00 Movie Matinee, CNL1390
4:00 Creativity Boxes
6:00 Audio Stories

12
9:45 Creativity Boxes
10:30 Gospel Hymns
11:00 Church Service
2:30 Snacks & Chats
4:00 Creativity Boxes
6:00 TV Classics

13 9:45 Morning Devotion
10:00 Karaoke Sing Along
10:30 Creativity Boxes
1:00 Beauty Shop
2:30 Birthday Party!
4:00 Creativity Boxes
6:00 Evening Wind Down:
Musical Melodies

14 9:45 Daily Chronicle
10:00 Creativity Boxes
10:30 Balloon Badminton
1:00 Art Throb Club: Watercolor
2:30 Pet Visit From Franklin
4:00 Creativity Boxes
6:00 Evening Wind Down:
Snack & Show

15 9:45 Daily Chronicle
10:15 Creativity Boxes
10:30 Painting with Ginnie in IL
1:00 Floor Hockey
2:00 Music by Mark Mason in S
4:00 Creativity Boxes
6:00 Evening Wind Down:
Nature Sounds & Aromatherapy

16 9:30 Daily Chronicle
9:45 Creativity Boxes
10:30 Chapel
1:00 Bingo
3:15 Hot N' Spicy Day: Taste Testing
4:00 Creativity Boxes
6:00 Evening Wind Down:

17 9:45 Daily Chronicle
10:00 Manicures & Massages
10:30 Creativity Boxes
1:00 Rendever: Pop the Balloon Game
2:00 Cooking Club with Chef Eric S
4:00 Creativity Boxes
6:00 Popcorn & Movie

18 Activity Packets
9:45 Groovin' to the Music
10:30 Creativity Boxes
2:00 Movie Matinee, CNL1390
2:30 Snacks & Chats
4:00 Creativity Boxes
6:00 Audio Stories

19
9:45 Creativity Boxes
10:30 Gospel Hymns
11:00 Church Service
2:30 Snacks & Chats
4:00 Creativity Boxes
6:00 TV Classics

20 9:45 Morning Devotion
10:00 MLK Jeopardy Trivia
10:30 Creativity Boxes
1:00 Beauty Shop
3:00 MLK Day: Doves of Peace Paper Folding
4:00 Creativity Boxes
6:00 Evening Wind Down:
Musical Melodies

21 9:30 Daily Chronicle
10:00 Creativity Boxes
10:30 Bowling Outing and Lunch!
1:00 Puzzles with Pals
2:00 Pet Visit from Franklin
3:00 Art Throb Club: Oil Pastels
4:00 Creativity Boxes
6:00 Evening Wind Down:
Snack & Show

22 8:30 Men's Breakfast
9:45 Daily Chronicle
10:15 Creativity Boxes
10:30 Ladies Coffee & Convos
3:00 Music by David Cray in IL
4:00 Creativity Boxes
6:00 Evening Wind Down:
Nature Sounds & Aromatherapy

23 9:30 Daily Chronicle
9:45 Creativity Boxes
10:30 Chapel
1:00 Bingo
3:00 "Walk n Roll" Walking Club
4:00 Creativity Boxes
6:00 Evening Wind Down: Fun-ny Baby Videos
6:30 Elite Canine Visits

24 9:45 Daily Chronicle
10:00 Creativity Boxes
10:30 Manicures & Massages
2:00 Chair Yoga/Cardio Drum-ning Combo Class
3:00 UNO Card Game
4:00 Creativity Boxes
6:00 Popcorn & Movie

25 Activity Packets
9:45 Groovin' to the Music
10:30 Creativity Boxes
2:00 Movie Matinee, CNL1390
2:30 Snacks & Chats
4:00 Creativity Boxes
6:00 Audio Stories

26
9:45 Creativity Boxes
10:30 Gospel Hymns
11:00 Church Service
2:30 Snacks & Chats
4:00 Creativity Boxes
6:00 TV Classics

27 9:45 Morning Devotion
10:00 Sing Along 60s
10:30 Creativity Boxes
1:00 Grocery Store Trip
3:00 Beauty Shop
4:00 Creativity Boxes
6:00 Evening Wind Down:
Musical Melodies

28 10:00 Music Therapy w Ashley
10:30 Daily Chronicle
11:00 Creativity Boxes
1:00 Art Throb Club: Clay Sculpt-ing
2:00 Pet Visit From Franklin
3:00 Craft Fair!
4:00 Creativity Boxes
6:00 Evening Wind Down:

29 9:45 Daily Chronicle
10:15 Creativity Boxes
10:30 Painting with Ginnie in IL
1:00 Union Jack Flag craft
2:30 Armchair Travel to England
4:00 Creativity Boxes
6:00 Evening Wind Down:
Nature Sounds & Aromatherapy

30 9:30 Croissant Day Social
9:45 Creativity Boxes
10:30 Chapel
1:00 Bingo
3:15 Making Salt Snowflakes
4:00 Creativity Boxes
6:00 Evening Wind Down:
Funny Baby Videos

31 9:45 Daily Chronicle
10:00 Creativity Boxes
10:30 Music and Movement
1:00 Left Right Center Game
2:00 Noodle Ball
3:00 Manicures & Massages
4:00 Creativity Boxes
6:00 Popcorn & Movie

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