

# February 2025

# Assisted Living Calendar

## Sunday

## Monday


## Tuesday

## Wednesday

## Thursday

## Friday

## Saturday

<p><i>Brookridge</i> Assisted Living 336-759-1044 1199 Hayes Forest Drive Winston-Salem, NC</p>	<p><i>Location Key:</i> LR Living Room S Solarium DR Dining Room IL Independent Living OYO On your own</p>					<p><i>1</i> 10:00 Activity Box OYO 2:00 Movie Matinee Tune in to Chanel 1390</p>
<p><i>2</i> 11:00 First Baptist Church on 5th Live Stream LR 6:00 Vespers IL <b>Groundhog Day</b></p>	<p><i>3</i> 9:30 Morning Greetings 10:00 Exercise Circle LR 10:30 Groundhog Hunt 2:00 Forsyth Mobil Library IL 2:45 What does it cost ?</p>	<p><i>4</i> 9:30 Morning Greetings 10:30 I Love You To Pieces Craft LR 2:00 Bingo LR 3:30 Meditation w/ Dana S</p>	<p><i>5</i> 9:30 Morning Greetings LR 10:00 Trivia Time LR 10:30 Coffee &amp; Donuts LR 2:30 Flowbone Musical Performance S</p>	<p><i>6</i> 9:30 Morning Greetings 10:30 Chapel DR 2:00 Bingo LR 3:15 Heart to Heart Painting LR</p>	<p><i>7</i> 9:30 Morning Greetings 10:00 Noodle Size LR 10:30 Lunch Outing to UMI Japanese Restaurant 3:00 Candy Boquet's LR</p>	<p><i>8</i> 10:00 Activity Box OYO 2:00 Movie Matinee Tune in to Chanel 1390</p>
<p><i>9</i> 11:00 First Baptist Church on 5th Live Stream LR 6:00 Vespers IL <b>National Pizza Day</b></p>	<p><i>10</i> 9:30 Morning Greetings 10:00 Exercise Circle LR 10:30 Lunch Outing to Elizabeth's Pizza 2:30 Love Advise Photos LR</p>	<p><i>11</i> 9:30 Morning Greetings 10:30 Candy Heart Valentines LR 2:00 Bingo LR 3:15 Pet Therapy LR</p>	<p><i>12</i> 9:30 Morning Greetings 10:30 Painting Class w/ Ginnie IL 2:00 Cupid's Chocolate Surprise Game LR</p>	<p><i>13</i> 9:30 Morning Greetings 10:30 Chapel DR 1:00 Musical Performance by Kiss &amp; Tell S 3:00 Axe Throwing LR</p>	<p><i>14</i> 9:30 Morning Greetings 10:00 Exercise Bingo LR 2:00 You hold a place in My heart party S <b>Valentine's Day</b></p>	<p><i>15</i> 10:00 Activity Box OYO 2:00 Movie Matinee Tune in to Chanel 1390</p>
<p><i>16</i> 11:00 First Baptist Church on 5th Live Stream LR 6:00 Vespers IL</p>	<p><i>17</i> 9:30 Morning Greetings 10:00 Exercise Circle LR 10:30 Presidential Trivia LR 2:30 Cowboy Dandy Don S <b>President's Day</b></p>	<p><i>18</i> 9:30 Morning Greetings 10:30 Let's play Jeopardy LR 2:00 Bingo LR 3:00 Ice Fishing Competition LR</p>	<p><i>19</i> 9:30 Morning Greetings 8:30 Men's Breakfast LR 10:30 Ladies Coffee &amp; Conversation LR 2:00 Cooking Club LR</p>	<p><i>20</i> 9:30 Morning Greetings 10:30 Chapel DR 2:00 Bingo LR 3:15 Muffin Tasting Social LR <b>National Muffin Day</b></p>	<p><i>21</i> 9:30 Morning Greetings 10:00 Chair Zumba LR 10:30 Resident Council LR 2:00 February Birthday Bash LR</p>	<p><i>22</i> 10:00 Activity Box OYO 2:00 Movie Matinee Tune in to Chanel 1390</p>
<p><i>23</i> 11:00 First Baptist Church on 5th Live Stream LR 6:00 Vespers IL</p>	<p><i>24</i> 9:30 Morning Greetings 10:00 Exercise Circle LR 10:30 Virtual Programming LR 1:30 Uncorked Masterpiece Outing</p>	<p><i>25</i> 9:30 Morning Greetings 10:00 Music Class w/ Ashley LR 2:00 Bingo LR 3:15 Magnetic Darts LR</p>	<p><i>26</i> 9:30 Morning Greetings 10:30 Music W/ Ron Connaway S 2:00 Armchair Travel Party To Alaska</p>	<p><i>27</i> 9:30 Morning Greetings 10:30 Chapel DR 2:00 Bingo LR 3:15 Decoupage Craft Jars LR</p>	<p><i>28</i> 9:30 Morning Greetings 10:00 Balloon Volleyball LR 10:30 Pokeno LR 2:00 Chair Yoga &amp; Cardio Drumming Combo IL</p>	<p><i>Activities are subject to change</i></p>