


# FEBRUARY 2025 Mindful Impressions Activity Calendar

Sun	Mon	Tue	Wed	Thu	Fri	Sat
*All activities on this calendar are subject to change *						<b>1 Activity Packets</b> 9:45 Groovin' to the Music 10:30 Creativity Boxes 2:00 Movie Matinee, CNL1390 4:00 Creativity Boxes 6:00 Audio Stories
<b>2</b> 9:45 Creativity Boxes 10:30 Gospel Hymns 11:00 Church Service 2:30 Snacks & Chats 4:00 Creativity Boxes	<b>3</b> 9:45 Morning Devotion 10:00 The Story of Groundhog Day 10:30 Groundhog Hunt 11:00 Creativity Boxes 1:30 Edible Groundhog Craft 2:30 Beauty Shop 4:00 Creativity Boxes 6:00 Evening Wind Down: 'Groundhog Day' Movie	<b>4</b> 9:45 Daily Chronicle 10:00 Creativity Boxes 10:30 Axe Throwing 2:00 Pet Visit from Franklin 3:30 Meditation with Dana in S 4:00 Creativity Boxes 6:00 Evening Wind Down: Snack & Show	<b>5</b> 9:45 Daily Chronicle 10:15 Creativity Boxes 10:30 Football Toss Game 1:00 Planting Spring Flowers 2:30 Music by: Flobone in S 4:00 Creativity Boxes 6:00 Evening Wind Down: Nature Sounds & Aromatherapy	<b>6</b> 9:30 Daily Chronicle 9:45 Creativity Boxes 10:30 Chapel 1:30 Bingo 2:30 "Walk n Roll" Walking Club 4:00 Creativity Boxes 6:00 Evening Wind Down: Funny Animal Videos	<b>7</b> 9:45 Daily Chronicle 10:30 Creativity Boxes <b>10:30 Outing to Umi</b> 2:30 Make a Sweet Treat Wreath 3:00 Manicures & Massages 4:00 Creativity Boxes 6:00 Popcorn & Movie	<b>8 Activity Packets</b> 9:45 Groovin' to the Music 10:30 Creativity Boxes 2:00 Movie Matinee, CNL1390 4:00 Creativity Boxes 6:00 Audio Stories
<b>9</b> 9:45 Creativity Boxes 10:30 Gospel Hymns 11:00 Church Service 2:30 Snacks & Chats 4:00 Creativity Boxes 6:00 TV Classics	<b>10</b> 9:45 Morning Devotion 10:00 Creativity Boxes <b>10:30 Lunch Outing to Elizabeth's Pizza</b> 1:00 Beauty Shop 2:30 Valentines Advice Photos 4:00 Creativity Boxes 6:00 Evening Wind Down:	<b>11</b> 9:45 Daily Chronicle 10:00 Creativity Boxes 10:30 Cupid's Arrow Toss 1:00 Art Throb Club: Make Valentines Cards 2:30 Pet Visit From Franklin 4:00 Creativity Boxes 6:00 Evening Wind Down: Snack & Show	<b>12</b> 9:45 Daily Chronicle 10:15 Creativity Boxes 10:30 Painting with Ginnie in IL 1:00 Valentines Prayer Boxes 2:00 Cupid's Chocolate Surprise 3:00 Creativity Boxes 6:00 Evening Wind Down: Nature Sounds & Aromatherapy	<b>13</b> 9:30 Daily Chronicle 9:45 Creativity Boxes 10:30 Chapel 1:00 Music by Kiss & Tell in S 2:15 "Walk n Roll" Walking Club 3:00 Bingo 4:00 Creativity Boxes 6:00 Evening Wind Down:	<b>14</b> 9:45 Daily Chronicle 10:00 Manicures & Massages 10:30 Creativity Boxes 1:00 Make a Love Bug Craft <b>2:00 'You Have a Place in My Heart' Party in S</b> 4:00 Creativity Boxes 6:00 Popcorn & Movie	<b>15 Activity Packets</b> 9:45 Groovin' to the Music 10:30 Creativity Boxes 2:00 Movie Matinee, CNL1390 2:30 Snacks & Chats 4:00 Creativity Boxes 6:00 Audio Stories
<b>16</b> 9:45 Creativity Boxes 10:30 Gospel Hymns 11:00 Church Service 2:30 Snacks & Chats 4:00 Creativity Boxes 6:00 TV Classics	<b>17</b> 9:45 Morning Devotion 10:30 Creativity Boxes 11:00 Presidents Day Mystery History 1:00 Beauty Shop 2:30 Music by: Dandy Don in S 4:00 Creativity Boxes 6:00 Evening Wind Down: Musical Melodies	<b>18</b> 9:30 Daily Chronicle 10:00 Creativity Boxes 10:30 Kick Ball Circle 1:00 Art Throb Club: No Sew Pillows 2:00 Pet Visit from Franklin 3:00 Ice Fishing Competition 4:00 Creativity Boxes 6:00 Evening Wind Down:	<b>19</b> 8:30 Men's Breakfast 9:45 Daily Chronicle 10:15 Creativity Boxes 10:30 Ladies Coffee n Convos 2:00 Cooking Club 4:00 Creativity Boxes 6:00 Evening Wind Down: Nature Sounds & Aromatherapy	<b>20</b> 9:30 Daily Chronicle 9:45 Creativity Boxes 10:30 Chapel 1:00 Bingo 2:30 "Walk n Roll" Walking Club 3:15 Muffin Taste Testing 4:00 Creativity Boxes 6:00 Evening Wind Down: Fun-ny Baby Videos	<b>21</b> 9:45 Daily Chronicle 10:00 Creativity Boxes 10:30 Manicures & Massages <b>2:00 Birthday Party!</b> 3:00 Cornhole Competition 4:00 Creativity Boxes 6:00 Popcorn & Movie	<b>22 Activity Packets</b> 9:45 Groovin' to the Music 10:30 Creativity Boxes 2:00 Movie Matinee, CNL1390 2:30 Snacks & Chats 4:00 Creativity Boxes 6:00 Audio Stories
<b>23</b> 9:45 Creativity Boxes 10:30 Gospel Hymns 11:00 Church Service 2:30 Snacks & Chats 4:00 Creativity Boxes 6:00 TV Classics	<b>24</b> 9:45 Morning Devotion 10:00 Sing Along 10:30 Creativity Boxes <b>1:00 Outing to Uncorked Masterpiece</b> 3:00 Beauty Shop 4:00 Creativity Boxes 6:00 Evening Wind Down: Musical Melodies	<b>25</b> 10:00 Music Therapy w Ashley 10:30 Daily Chronicle 11:00 Creativity Boxes 1:00 Art Throb Club: Making Trinket Boxes 2:00 Pet Visit From Franklin 3:00 Carpet Bowling 4:00 Creativity Boxes 6:00 Evening Wind Down: Snack&Show	<b>26</b> 9:45 Daily Chronicle 10:15 Creativity Boxes 10:30 Music by: Ron Conway in S 1:00 Cornhole Competition 2:00 Armchair Travel 4:00 Creativity Boxes 6:00 Evening Wind Down: Nature Sounds & Aromatherapy	<b>27</b> 9:30 Daily Chronicle 9:45 Creativity Boxes 10:30 Chapel 1:00 Bingo 3:15 "Walk n Roll" Walking Club 4:00 Creativity Boxes 6:00 Evening Wind Down: Funny Baby Videos	<b>28</b> 9:45 Daily Chronicle 10:00 Creativity Boxes 10:30 Balloon Badminton 1:00 Let's Play UNO! 2:00 Chair Yoga with Tiffany in IL 3:00 Manicures & Massages 4:00 Creativity Boxes 6:00 Popcorn & Movie	<p style="text-align: center;"><b>Brookridge Retirement Community</b></p> 1199 Hayes Forest Dr. Winston Salem NC 27106 336-759-1044