

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



# March 2025

## Mindful Impressions Activity Calendar



| Sunday   | Monday  | Tuesday  | Wednesday  | Thursday  | Friday  | Saturday  |  |
|--|---|--|--|---|---|---|--|
|  |   |  |  |   |   | <b>Activity Packets</b> 15<br>9:45 Groovin' to the Music<br>10:00 Creativity Boxes<br>10:30 GY Wellness Class<br>2:00 Movie Matinee, CNL1390<br>2:30 Snacks & Chats<br>4:00 Creativity Boxes<br>6:00 Audio Stories              |  |
| 9:45 Creativity Boxes<br>10:00 Gospel Hymns<br>10:30 GY Wellness Class<br>11:00 Church Service<br>2:30 Snacks & Chats<br>4:00 Creativity Boxes | <b>2</b><br>9:45 Devotion/Sing Along<br>10:30 Coffee & Doughnuts in AL<br>10:30 GY Wellness Class<br>11:00 Creativity Boxes<br>1:30 Balloon Badminton<br>2:30 Beauty Shop<br>4:00 Creativity Boxes<br>6:00 Evening Wind Down:<br>Musical Melodies                 | <b>3</b><br>9:45 Daily Chronicle<br>10:00 Creativity Boxes<br>10:30 GY Wellness Class<br>10:30 Mardi Gras Mask Craft<br>2:00 Pet Visit from Franklin<br><b>3:30 Meditation with Dana in S</b><br>4:00 Creativity Boxes<br>6:00 Evening Wind Down:<br>Snack & Show<br><small>Mardi Gras</small> | <b>4</b><br>9:45 Daily Chronicle<br>10:15 Creativity Boxes<br>10:30 GY Wellness Class<br>10:30 All About Oreos in AL<br>1:00 Face the Cookie- Oreo Day<br><b>2:00 Music by: Rick Thomas</b><br>4:00 Creativity Boxes<br>6:00 Evening Wind Down:<br>Nature Sounds & Aromatherapy    | <b>5</b><br>9:30 Daily Chronicle<br>9:45 Creativity Boxes<br>10:30 GY Wellness Class<br><b>10:30 Chapel</b><br>1:30 Mardi Gras Bingo!<br><b>3:00 Pottery Class with Emily</b><br>4:00 Creativity Boxes<br>6:00 Evening Wind Down:<br>Funny Animal Videos                | <b>6</b><br>9:45 Daily Chronicle<br>10:00 Creativity Boxes<br>10:30 GY Wellness Class<br>11:00 "Walk n Roll" Walking Club<br><b>2:30 Birthday Party!</b><br>3:00 Manicures & Massages<br>4:00 Creativity Boxes<br>6:00 Popcorn & Movie  | <b>7</b><br><b>Activity Packets</b> 15<br>9:45 Groovin' to the Music<br>10:00 Creativity Boxes<br>10:30 GY Wellness Class<br>2:00 Movie Matinee, CNL1390<br>2:30 Snacks & Chats<br>4:00 Creativity Boxes<br>6:00 Audio Stories  |  |
| 9:45 Creativity Boxes<br>10:00 Gospel Hymns<br>10:30 GY Wellness Class<br>11:00 Church Service<br>2:30 Snacks & Chats<br>4:00 Creativity Boxes | <b>9</b><br>9:45 Devotion/Sing Along<br>10:00 Creativity Boxes<br><b>10:30 Lunch Outing to Buffalo Wild Wings/ GY Wellness Class</b><br>1:00 Beauty Shop<br>2:30 Planting Herb Garden<br>4:00 Creativity Boxes<br>6:00 Evening Wind Down:<br>Musical Melodies     | <b>10</b><br>9:45 Daily Chronicle<br>10:00 Creativity Boxes<br>10:30 GY Wellness Class<br>10:30 Team Spelling Bee in AL<br><b>1:00 Reynolda Gardens Scenic Ride</b><br>2:30 Making Shamrocks<br>4:00 Creativity Boxes<br>6:00 Evening Wind Down:<br>Snack & Show                               | <b>11</b><br>9:45 Daily Chronicle<br>10:00 Creativity Boxes<br>10:30 GY Wellness Class<br><b>10:30 Music by: Nancy McGimpsey S</b><br>1:00 National Plant a Flower Day!<br>plants<br>3:00 Creativity Boxes<br>6:00 Evening Wind Down: Nature<br>Sounds & Aromatherapy              | <b>12</b><br>9:30 Daily Chronicle<br>9:45 Creativity Boxes<br>10:30 GY Wellness Class<br><b>10:30 Chapel</b><br>1:30 "Walk n Roll" Walking Club<br>3:00 Bingo<br>4:00 Creativity Boxes<br>6:00 Evening Wind Down:<br>Funny Baby Videos<br><small>Punim Begins</small>   | <b>13</b><br>9:45 Daily Chronicle<br>10:00 Manicures & Massages<br>10:30 GY Wellness Class<br>11:00 Creativity Boxes<br>1:00 Icecream Social on the porch<br><b>2:00 Chair Yoga with Tiffany in IL</b><br>4:00 Creativity Boxes<br>6:00 Popcorn & Movie                             | <b>14</b><br><b>Activity Packets</b> 15<br>9:45 Groovin' to the Music<br>10:00 Creativity Boxes<br>10:30 GY Wellness Class<br>2:00 Movie Matinee, CNL1390<br>2:30 Snacks & Chats<br>4:00 Creativity Boxes<br>6:00 Audio Stories |  |
| 9:45 Creativity Boxes<br>10:00 Gospel Hymns<br>10:30 GY Wellness Class<br>11:00 Church Service<br>2:30 Snacks & Chats<br>4:00 Creativity Boxes | <b>16</b><br>9:45 Devotion/Sing Along<br>10:30 GY Wellness Class<br>11:00 Creativity Boxes<br>1:00 Beauty Shop<br><b>2:00 ST PATTYS BINGO PARTY S</b><br>4:00 Creativity Boxes<br>6:00 Evening Wind Down:<br>Musical Melodies<br><small>St. Patrick's Day</small> | <b>17</b><br>9:30 Daily Chronicle<br>10:00 Creativity Boxes<br>10:30 GY Wellness Class<br>11:00 Kick Ball Circle<br>2:00 Pet Visit from Franklin<br>3:00 St. Patty's Day Craft<br>4:00 Creativity Boxes<br>6:00 Evening Wind Down:<br>Snack & Show   | <b>18</b><br><b>8:30 Men's Breakfast</b><br>9:45 Daily Chronicle<br>10:30 GY Wellness Class<br>11:15 Creativity Boxes<br>1:00 1 on 1 Room Visits<br><b>2:00 Cooking Club</b><br>4:00 Creativity Boxes<br>6:00 Evening Wind Down:<br>Nature Sounds & Aromatherapy                   | <b>19</b><br>9:30 Daily Chronicle<br>9:45 Creativity Boxes<br>10:30 GY Wellness Class<br><b>10:30 Chapel</b><br>1:00 Bingo<br><b>2:00 Music by: ELVIS in S</b><br>4:00 Creativity Boxes<br>6:00 Evening Wind Down: Funny<br>Baby Videos<br><small>Spring Begins</small> | <b>20</b><br>9:45 Daily Chronicle<br>10:00 Creativity Boxes<br>10:30 GY Wellness Class<br><b>10:30 Picnic at the Park Outing</b><br>2:00 Manicures & Massages<br><b>3:00 Music by: Jazz Ensemble IL</b><br>4:00 Creativity Boxes<br>6:00 Popcorn & Movie                            | <b>21</b><br><b>Activity Packets</b> 15<br>9:45 Groovin' to the Music<br>10:00 Creativity Boxes<br>10:30 GY Wellness Class<br>2:00 Movie Matinee, CNL1390<br>2:30 Snacks & Chats<br>4:00 Creativity Boxes<br>6:00 Audio Stories |  |
| 9:45 Creativity Boxes<br>10:00 Gospel Hymns<br>10:30 GY Wellness Class<br>11:00 Church Service<br>2:30 Snacks & Chats<br>4:00 Creativity Boxes | <b>23</b><br>9:45 Devotion/Sing Along<br>10:30 GY Wellness Class<br>11:15 Creativity Boxes<br><b>2:30 Armchair Travel to New Orleans Mardi Gras in S</b><br>4:00 Creativity Boxes<br>6:00 Evening Wind Down:<br>Musical Melodies                                  | <b>24</b><br>9:30 Daily Chronicle<br><b>10:00 Music Therapy w Ashley</b><br>10:30 GY Wellness Class<br>11:00 Creativity Boxes<br>1:00 Popsicles on the porch<br>2:00 Watering Flowers on the Patio<br>4:00 Creativity Boxes<br>6:00 Evening Wind Down:<br>Snack & Show                         | <b>25</b><br>9:45 Daily Chronicle<br>10:15 Creativity Boxes<br><b>10:30 Painting Class with Ginnie</b><br>10:30 GY Wellness Class<br><b>2:00 Mad Splatter- Canvas Splatter Paint (Outside)</b><br>4:00 Creativity Boxes<br>6:00 Evening Wind Down:<br>Nature Sounds & Aromatherapy | <b>26</b><br>9:30 Daily Chronicle<br>9:45 Creativity Boxes<br>10:30 GY Wellness Class<br><b>10:30 Chapel</b><br>1:00 Bingo<br><b>3:00 Pottery Class with Emily</b><br>4:00 Creativity Boxes<br>6:00 Evening Wind Down: Funny<br>Baby Videos                             | <b>27</b><br>9:45 Daily Chronicle<br>10:00 Creativity Boxes<br>10:30 GY Wellness Class<br>11:00 Coffee & Birdwatching<br>1:00 "Walk n Roll" Walking Club<br><b>2:00 Chair Yoga with Tiffany in IL</b><br>3:00 Manicures & Massages<br>4:00 Creativity Boxes<br>6:00 Popcorn & Movie | <b>28</b><br><b>Activity Packets</b> 15<br>9:45 Groovin' to the Music<br>10:00 Creativity Boxes<br>10:30 GY Wellness Class<br>2:00 Movie Matinee, CNL1390<br>2:30 Snacks & Chats<br>4:00 Creativity Boxes<br>6:00 Audio Stories |  |
| 9:45 Creativity Boxes<br>10:00 Gospel Hymns<br>10:30 GY Wellness Class<br>11:00 Church Service<br>2:30 Snacks & Chats<br>4:00 Creativity Boxes | <b>30</b><br>9:45 Devotion/Sing Along<br>10:00 Creativity Boxes<br>10:30 GY Wellness Class<br>11:00 Rendeveer Reminiscing<br>1:00 Beauty Shop<br><b>2:00 Music by: Mark Mason in S</b><br>4:00 Creativity Boxes<br>6:00 Evening Wind Down: Musical<br>Melodies    | <b>*All activities are subject to change*</b>  |  |   |   |   |  |