



# March 2025

# Brookridge Healthcare Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><u>Activity Key</u>                      IR- In-Room                      DR- Dining Room                      7WS- 7 West Solarium                      O- Outing                      *All Activities are subject to Change*</p>						1 Lion Word Find  2:00pm Movie Matinee Chanel 1390
2 Church Streaming Friend Visits Menu Week 1	3 9:00am Morning Greetings 10:00am Decorating March 1:30pm Tic Tac Toe DR 2:30pm Manicures DR 6:30pm Puzzle Packet DR	4 Mardi Gras 9:00am Morning Greetings 10:45am Worship Music 11:00am Chapel 7WS 2:00pm Hydration Cart DR 3:30pm Meditation with Dana 7WS	5 9:00am Morning Greetings 10am Shamrock Suncatchers DR 1:00pm Variety Time DR 2:00pm Rick Thomas-Music Entertainer 7WS	6 9:00am Morning Greetings 10:00am Bingo 6th Floor DR 1:00pm Oreo Cookies DR 3:00pm Shut the Box DR	7 9:00am Morning Greetings 10am Resident Council 7WS 2:30pm Group Crossword DR 7pm Bulletin Board Trivia IR	8 Rosie the Riveter Coloring Page 2:00pm Movie Matinee Chanel 1390
9 Daylight Saving Time Church Streaming Friend Visits Menu Week 2	10 9:00am Morning Greetings 10:00am Exercise DR 10:30am Buffalo Wild Wings O 2:30pm Dominoes DR	11 9:00am Morning Greetings 10:45am Worship Music 11:00am Chapel 7WS 1:30pm Coffee Cart DR 2:30pm Bingo 7WS	12 9:00am Morning Greetings 10:30am Nancy McGimsey 7WS 1:00pm Variety Time DR 2:30pm Shamrock Rock Painting DR	13 9:00am Morning Greetings 10:00am Bingo 6th Floor DR 1:00pm Duck Word Find DR 3:00pm Yahtzee DR 7:00pm Game Show IR	14 9:00am Morning Greetings 10:00am What Am I? DR 1:00pm Food Quiz DR 3pm Holi Festival Puzzles DR	15 The Godfather Quote  2:00pm Movie Matinee Chanel 1390
16 March Madness Begins Church Streaming Friend Visits Menu Week 3	17 St Patrick's Day 9:00am Morning Greetings 10:00am Word Scramble DR 1:00pm Green List DR 2:30pm Lucky Bingo Bash 7WS	18 9:00am Morning Greetings 10:45am Worship Music 11:00am Chapel 7WS 1:30pm Hydration Cart DR 2:30pm Basket Ball Trivia	19 9:00am Morning Greetings 10:00am Jeopardy DR 1:00pm Variety Time DR 2:30pm Bracelet Making DR	20 First Day of Spring 9:00am Morning Greetings 10:00am Bingo 6th Floor DR 1:00pm Foam Puzzles DR 2:00pm Rick Brooks 7WS 7:30pm Name 10 IR	21 9:00am Morning Greetings 10:30am Picnic at the Park O 1pm M&M Day Treat DR 2:30pm Pines Category DR	22 World Water Day Crossword Fill In 2:00pm Movie Matinee Chanel 1390
23 Church Streaming Friend Visits Menu Week 1	24 9:00am Morning Greetings 10:00am Reminiscing DR 1:30pm Women Who Am I? DR 2:30pm Armchair Travel DR	25 9:00am Morning Greetings 10:45am Worship Music 11:00am Chapel 7WS 1:30pm Hot Tea Cart DR 2:30pm Bingo 7WS	26 9:00am Morning Greetings 10:00am Word Mining DR 1:00pm Variety Time DR 2:30pm Cherry Blossom Tree Painting on Canvas DR 7:30pm Game Show IR	27 Sweet 16 9:00am Morning Greetings 10:00am Bingo 6th Floor DR 1:00pm Bible Verses DR 3:00pm Basket Ball DR	28 Sweet 16 9:00am Morning Greetings 10:00am Wii Games DR 1:00pm Puzzles IR 2:30pm Birthday Party 7WS	29 Elite 8 Solve the Coca-Cola Maze 2:00pm Movie Matinee Chanel 1390
30 Elite 8 Church Streaming Friend Visits Menu Week 2	31 9:00am Morning Greetings 10:00am Stretching DR 1:00pm Word Pictures DR 2:00pm Mark Mason 7WS 7pm Bulletin Board Trivia IR					 <p><b>BROOKRIDGE</b>                      A THRIVEMORE COMMUNITY                      336-759-1044                      1199 Hayes Forest Dr.                      Winston-Salem, NC 27106</p>