

MARCH

HEALTHCARE ACTIVITIES



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1</p> <p>10:00 BINGO (7WS) 12:00 Room Visits & Mail Delivery</p> <p>Menu Week 5</p>	<p>2</p> <p>9:00 Morning Greetings 9:45 Unscramble This 10:30 Exercise 1:00-2:30 Room Visits/Hydration 3:00 Manicures</p>	<p>3</p> <p>9:00 Morning Greetings 10:30 Snappy Tappers (7WS) 1:00-2:00 Room Visits/Hydration 3:00 BINGO (7WS) 6:30 Word Games & Puzzles</p>	<p>4</p> <p>9:00 Morning Greetings 9:45 Fun With Riddles 10:30 Quirky Quiz 1:00-2:30 Room Visits/Hydration 3:00 Arts & Crafts 6:30 Word Games & Puzzles</p>	<p>5 WHEELCHAIR WASH</p> <p>9:00 Morning Greetings 10:30 Chapel Service (7WS) 1:00-2:30 Room Visits/Hydration 3:00 BINGO (7WS) 6:30 Word Games & Puzzles</p>	<p>6</p> <p>9:00 Morning Greetings 10:30 Music with Ronnie R (7WS) 1:00-2:00 Room Visits/Hydration 2:30 Ice Cream Social (7WS)</p>	<p>7</p> <p>9:00 Room Visits 10:30 Bible Study (7WS) 12:00 Room Visits & Mail Delivery</p>
<p>8 DAYLIGHT SAVINGS TIME</p> <p>10:00 BINGO (7WS) 12:00 Room Visits & Mail Delivery</p> <p>Menu Week 1</p>	<p>9</p> <p>9:00 Morning Greetings 9:45 March in History 10:30 Exercise 1:00-2:30 Room Visits/Hydration 3:00 Manicures</p>	<p>10</p> <p>9:00 Morning Greetings 10:30 Chapel Service (7WS) 1:00-2:30 Room Visits/Hydration 3:00 BINGO (7WS) 6:30 Word Games & Puzzles</p>	<p>11 FOOT DOCTOR IN TODAY</p> <p>9:00 Morning Greetings 10:00 Sing-a-long (7WS) 1:00-2:30 Room Visits/Hydration 3:00 Arts & Crafts 6:30 Word Games & Puzzles</p>	<p>12</p> <p>9:00 Morning Greetings 9:45 Hand Massage 10:30 Women in History 1:00-2:30 Room Visits/Hydration 3:00 BINGO (7WS) 6:30 Word Games & Puzzles</p>	<p>13</p> <p>9:00 Morning Greetings 10:30 Music by Robbie Vance(7WS) 1:00-2:00 Room Visits/Hydration 2:30 Potato Chip Social (7WS)</p>	<p>14 NATIONAL POTATO CHIP DAY</p> <p>9:00 Room Visits 10:30 Bible Study (7WS) 12:00 Room Visits & Mail Delivery</p>
<p>15</p> <p>10:00 BINGO (7WS) 12:00 Room Visits & Mail Delivery</p> <p>Menu Week 2</p>	<p>16</p> <p>9:00 Morning Greetings 10:00 Resident Council (7WS) 1:00-2:30 Room Visits/Hydration 3:00 Manicures</p>	<p>17 ST. PATRICK'S DAY</p> <p>9:00 Morning Greetings 10:30 Grace Notes (7WS) 1:00-2:00 Room Visits/Hydration 2:30 St. Patrick's Day Social (7WS) 6:30 Word Games & Puzzles</p>	<p>18</p> <p>9:00 Morning Greetings 9:45 What Am I??? 10:30 Short Stories 1:00-2:30 Room Visits/Hydration 3:00 Arts & Crafts 6:30 Word Games & Puzzles</p>	<p>19 FIRST DAY OF SPRING</p> <p>9:00 Morning Greetings 10:30 Chapel Service (7WS) 1:00-2:30 Room Visits/Hydration 3:00 BINGO (7WS) 6:30 Word Games & Puzzles</p>	<p>20</p> <p>9:00 Morning Greetings 9:45 Humor Me 10:30 Exercise 1:00-1:30 Room Visits/Hydration 2:00 Afternoon Movie</p>	<p>21</p> <p>9:00 Room Visits 10:30 Bible Study (7WS) 12:00 Room Visits & Mail Delivery</p>
<p>22</p> <p>10:00 BINGO (7WS) 12:00 Room Visits & Mail Delivery</p> <p>Menu Week 3</p>	<p>23</p> <p>9:00 Morning Greetings 9:45 Spelling Bee 10:30 Exercise 1:00-2:30 Room Visits/Hydration 3:00 Manicures</p>	<p>24</p> <p>9:00 Morning Greetings 10:30 Chapel Service (7WS) 1:00-2:30 Room Visits/Hydration 3:00 BINGO (7WS) 6:30 Word Games & Puzzles</p>	<p>25</p> <p>9:00 Morning Greetings 10:00 Sing-a-long (7WS) 1:00-2:30 Room Visits/Hydration 3:00 Arts & Crafts 6:30 Word Games & Puzzles</p>	<p>26</p> <p>9:00 Morning Greetings 9:45 Hand Massages 10:30 Spot the Difference 1:00-2:30 Room Visits/Hydrations 3:00 BINGO (7WS) 6:30 Word Games & Puzzles</p>	<p>27 HAPPY BIRTHDAY</p> <p>9:00 Morning Greetings 9:45 The Year Was 1953 10:30 Exercise 1:00-2:00 Room Visits/Hydrations 2:30 Monthly Birthday Party(7WS)</p>	<p>28</p> <p>9:00 Room Visits 10:30 Bible Study (7WS) 12:00 Room Visits & Mail Delivery</p>
<p>29</p> <p>10:00 BINGO (7WS) 12:00 Room Visits & Mail Delivery</p> <p>Menu Week 4</p>	<p>30</p> <p>9:00 Morning Greetings 9:45 Humor Me 10:30 Exercise 1:00-2:30 Room Visits/Hydration 3:00 Manicures</p>	<p>31</p> <p>9:00 Morning Greetings 10:30 Chapel Service (7WS) 1:00-2:30 Room Visits/Hydrations 3:00 BINGO (7WS) 6:30 Word Games & Puzzles</p>			<p>ALL ACTIVITIES ARE SUBJECT TO CHANGE</p> <p>ACTIVITY KEY LOCATOR (7ED) 7 East Dining (7WS) 7 West Solarium (FA) Feezor Auditorium</p>	<p>7th</p> <p>BROOKRIDGE RETIREMENT COMMUNITY 1199 HAYES FOREST DR. WINSTON SALEM, NC 27106</p>